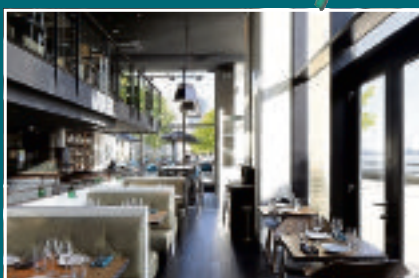




## Is this the greatest *Secret* of Wharf's restaurant scene?

PAGES 46-47



## 40-acre Royal Wharf will become home to 10,000 **£200m to kick-start vision for riverside**



**Giles Broadbent**  
@wharf.co.uk

**P**roperty group Oxley Holdings has bought up the key waterfront Royal Wharf site from Ballymore Group for £200million.

The Singapore listed developer is looking to build more than 4,000 homes on the 40-acre Royal Docks site, along with a mixture of retail, commercial and schools.

As a whole, it represents the largest mixed use site to be traded since Battersea Power Station and could become home to around 10,000 people, just three miles from Canary Wharf and serviced by the DLR.

Oxley chief executive Ching Chiat Kwong said: "Royal Wharf offers a blank canvas to create something very special for London."

"It has over 500m of river frontage with a Crossrail station 1km away. Oxley now has the opportunity and responsibility to deliver this fantastic project, picking up the baton from Ballymore."

**Continued on Page 7**



## A taste for the exotic

The prestigious World Travel Market came to Excel in the Docklands this week. We took the opportunity to talk to trade insiders about the up-and-coming secret hotspots that will be dominating the brochures over the next few years. **Travel / Pages 50-51**

## Inside



## WIN

Tickets to see Noisettes and go skating

**P10**

**5** items that caught our eye on the opening day of Jubilee Place Mall **P4**



## LEE HURST

How pensioners are taking up valuable resources

**P45**

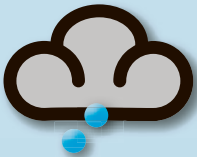


**NEWS** Princess Royal opens £33million University Square Stratford, a 'unique partnership' **P3**



JONES LANG  
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## WEATHER

**12C TODAY**  
Showers

**12C FRIDAY**  
Partly cloudy

**10C SATURDAY**  
Light rain

**9C SUNDAY**  
Showers

**13C MONDAY**  
Showers

## TRAVEL

### TUBE & DLR

DLR has no service between Stratford and Bow Church on Sunday. Jubilee line is fine.

### ROADS

No problems.

## INSIDE

### NEWS

Pages 1-8

### WHAT'S ON

Pages 10-12 / 45

### PROPERTY

Pages 13-44

### LIFESTYLE

Pages 46-51

### REGULARS

Pages 52-53

### SPORT

Pages 54-55

# Agenda

# Glug down the vino while stocks last

Research carried out by Morgan Stanley warns the world is heading for a wine shortage. I've been unable to ascertain if this research was based on the large quantities quaffed in the bars within swilling and spitting distance of Morgan Stanley's Cabot Square offices.

Wharf's ability to glug alcohol would skew any results. I would also like to assure people that any comments I may have made, on social media or in my column, about drinking all the wine last night were meant in jest.

I'm almost 100 per cent certain I

## BLONDE'S EYE VIEW



ANGELA CLARKE

didn't drink all the wine. Possibly just a little more than my fair share. Sorry.

But what if the study is sound and soon they'll be no Nyetimber left? What if the Sauvignon's spent? The Chablis ceases? Let's take a moment to imagine the terrible future we face.

You'll ask for a small glass of white, and draw a Chenin Blank. It'll be Dom Peri-gone. Chardo-no-way. The wine is running out. This is not a drill people. Keep calm and carry everything you can out the office. We could talk rations and strategy. My friends have already assigned each in our group a supermarket to bulk buy

from. We're looking into renting a Big Yellow Storage room or two.

You're supposed to end the evening desperately knocking on closing bars' doors, seeking that elusive last glass of vino, not start out that way.

I don't want to furtively sip the last ever vintage in a secret bunker bar (this is E14), while the wider population are suffering stone cold sober. If we're going to run out, then we should use it all up in style. Go out on one final massive wine bender. People, it's time to organise a p\*\*\*-up in a brewery.

Follow Angela on twitter:  
@TheAngelaClarke

## London eye



Richard Gasquet of France reacts during his ATP World Tour Finals men's singles tennis match against Juan Martin del Potro of Argentina at The O2 in Greenwich. **Sport / Pages 54-55**

## What our writers are talking about



■ That crime is rising in Tower Hamlets and falling elsewhere is clearly a serious concern, and something is going wrong.

**John Biggs**

■ Ug was busy in his cave working on Spear 2.0 so Ug Junior, when his time came, could capture more mammoths.

**Giles Broadbent**

■ The girls sobbed, the boys whined. My boy pleaded with me to let them come over to play again the next day.

**Tabitha Ronson**

■ Charming and passionate staff, excellent value for money and the best wines I have sampled for a long time.

**Kay Lockett**

## Corrections & Clarifications

At *The Wharf*, we pride ourselves in journalism that is honest, accurate and fair.

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## 60 Second Wharf

### Fighting with the mind

David Pacquette battled with low esteem. Now he's bringing his brand of positive thinking to the Wharf.

**News • Page 6**

### Boris muscles in on bid

Boris Johnson has sparked anger as he looks to push through the Convoy Wharf development.

**News • Page 7**

### Making a Noisette

The Noisettes were known as the best live band in Britain. Find out for yourself at their Wharf date.

**What's On • Page 10**

### Human rights go wrong

A production of *Guantanamo Boy* looks to challenge children with its study of human rights.

**Alive • Page 12**

### The superior gift shop

Oliver Bonas has been quietly attracting shoppers with its stylish gift and accessory range.

**Fashion • Page 49**

### To the far horizons

As the Docklands' World Travel Market showed, people will be venturing further afield next year.

**Travel • Page 50**



P50

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It feels like we are part of history

#### STUDENTS' VIEW

■ **CORALIE BARNES**, 19, second-year Criminology and Criminal Justice student, said: "This is really exciting and great for the university – nothing like this has happened since I have been here."

"The new building is amazing – it makes us feel part of the university as we are all together now."

"It didn't really feel like a university in the campus we were at before – this is much bigger, and you feel you have got more opportunity to interact with other students."

"If UEL is putting this amount of money into the facility they are going to want everyone to do well."

"It shows how much they want people to achieve here."



Coralie Barnes, left, and Sharon Jandoo

■ **SHARON JANDOO**, 20, studying the same course, said: "Stratford has changed so much since the Olympics."

"Here at the university there is a range of different students and you get to meet so many people, with the opportunity to network which opens so many doors."

"Now, there's so many more businesses and so many more people who want to invest in east London and more and more opportunities and openings for us, especially when we finish our degree the year after next."

"Studying here will open more opportunities for us and, by the time we graduate, the change in the area will be almost complete. It feels like we are a part of history."

# 'Unique partnership' behind £33m project

#### EDUCATION

Princess Royal opens building that brings together universities

**Beth Allcock**  
@wharf.co.uk

**A**n academic partnership to boost opportunities for east Londoners was marked with a royal visit this week.

The Princess Royal officially opened the £33million University Square Stratford (USS) building, a collaboration between the University of East London (UEL) and Birkbeck, University of London.

The institutions joined forces to tackle traditionally low participation rates in higher education in the east with an array of flexible learning arrangements.

Master of Birkbeck Prof David Latchman said: "University Stratford Square is the culmination of what we have been doing with UEL for a number of years, that is, trying to bring part-time higher education to east London."

"East London is an area of low participation and Stratford is an area with good transport links – we need good transport links as our students want to come from work and go home after their lectures."

UEL vice-chancellor Prof John Joughin said the "unique partnership" was a step forward for both institutions.

"I don't think there's any other example of two universities coming together to develop such a facility," he said.

"The students won't be UEL students or Birkbeck students, they will be students coming to University Square Stratford."



The Princess Royal opens the University Square Stratford building

The new facility, which will host 1,600 students, takes its place in Stratford's Cultural Quarter among the theatres and cinema and a short walk from Westfield Stratford City and the Olympic Park. The decision to create the campus did come in 2005, however, before the Olympics were secured.

"It showed great foresight coming to this part of London," said Prof Joughin.

"We see it as a public space that will

be part of the regeneration of Stratford and the Cultural Quarter and it goes well with the type of programmes we will be running with the performing arts, music and dance."

"We are in an arc of opportunity between the Royal Docks and Stratford – that's our space – and we are proud to inhabit it. This is great for the community, great for higher education and it's also going to be a beacon for the future as well."



Prof John Joughin, above, and Prof David Latchman



# INSIDE



# Do the math



P48

## GAUCHO

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# Shopping is all the fashion

## RETAIL

Bargain hunters out early to check out mall's new offerings

Beth Allcock  
@wharf.co.uk

**T**wenty names were crossed off Canary Wharf Group's shopping list of desirable brands when a new tier of Jubilee Place Mall opened for business on Friday.

For some shoppers stepping into the 18 new outlets for the first time, it was an early start.

Staff at fashion chain Banana Republic said more than 1,500 customers were clamouring at its doors hours before



Steve Morris  
of The White  
Company

its 8am opening to snap up a £50 gift card, while The White Company's second store on the estate welcomed hordes of eager shoppers.

Kristina Larsson was one such Wharfer who left the luxury fragrance, bathroom, homewear and clothing shop a happy customer.

"We've just come downstairs here and it looks brilliant," she said.

"I really like The White Company and am very happy it's bigger, and it's got a bigger range for children as well."

"The other store has more for babies but this one has lots for children."

Steve Morris, retail director for the brand, said the new store had an additional 1,500sq ft compared to its sister shop in Cabot Place Mall, which will close next year.

"We are really pleased with the opening and sent out 8,000 invites to the store," he said.



Simone Greene and her friends, right, enjoy the hospitality at the opening

"The Cabot Place shop is one of our oldest so to get one of our new concept stores is great. We have a very large customer base in Canary Wharf already and this will be a huge success here, I'm sure."

The sparkling displays of designer jewellery at Cadenzza, an extension of the Swarovski group, also caught the attention of customers.

Brand manager Stine Brogard said: "There's been a good buzz and there's a great mix of retailers, so we are very pleased to be in Canary Wharf."

"It's a new retail concept and we are all about designers from all over the world, including top designers like Versace and Oscar De La Renta as well as up and coming designers."

"The response so far has been extremely positive. I see it as a great fit for the Canary Wharf woman."

A group of family and friends setting their sights on a different type of accessory were former Wharfer and Romford resident Simone Greene her daughter, Mollie, and friends.

They had made a beeline for the mall for lifestyle brand Cath Kidston.

"This was the main store for us," she said. "We've all had a handbag - we are all very girly and we all like having nice things."

"I used to work in Canary Wharf before I had my children and my friend, Emma James, had said how much there is going on today."

To mark the Canary Rocks event - which celebrated the injection of new retail over the weekend - shoppers sipped Bucks Fizz while exploring the array of new outlets, which also



## Checking out what's on offer

includes Rituals, COS, Sweaty Betty, Banana Republic and Tiger of Sweden.

After picking up some goods from Cadenzza and Asics on the opening day Camille Waxer, chief administrative officer at Canary Wharf Group (CWG), said: "It's been a soft launch but the fashion shows are fantastic."

"All the shops are a fabulous addition and the mix will work really well. This fits the offer for people working here and shopping here and that's key to the success of retail in Canary Wharf."

Meanwhile hoardings still encase some units due to open soon, including MAC cosmetics - a brand CWG has been trying to secure for more than five years - and Paul the bakery.

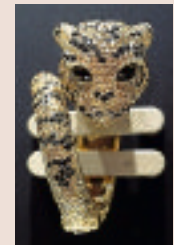
Olivia Bonas / Page 49

## FAVE FIVE

Top five eye-catching items in Jubilee Place Mall



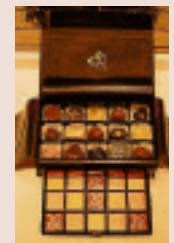
**1** Winter Botanical Candle, priced at £32 and £20. The White Company



**2** Roberto Cavalli bracelet, priced at £881. Cadenzza



**3** Gel-Noosa TM9 Speed Women's Running Shoes, £107. Asics



**4** The Royal Box - a selection of fresh, hand-picked chocolates in a swish case, £57.57. Godiva



**5** Cotton handkerchief, £29, mother of pearl cufflinks £28, and shirt collar bones, £28. Emmett London Shirts

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## HMS Tyne docks for Poppy Day duty



HMS Tyne docked at Wood Wharf

ROYAL Navy vessel HMS Tyne docked at Wood Wharf on Tuesday in the run-up to Remembrance Day.

The crew will be selling poppies today (Thursday) before an open day tomorrow.

On Sunday the crew will head to St Anne's in Limehouse for Remembrance Sunday services. She will leave on Monday.

Lt Com Robert Laverty said: "It is always a privilege to visit London but it's a particular honour to be able to play a part in Poppy Day and the Remembrance Day Services, giving my crew a chance to help raise money for this important cause, while remembering the price paid by many of our servicemen and women."

Remembrance Day services at wharf.co.uk



# The Week In Brief

A round-up of other key stories that we've been monitoring

GILLIAN EVANS



## Photo story

**CANARY WHARF** The Ledger Building on West India Quay based just outside the Canary Wharf estate has picked up a top rating from inspectors following an unannounced visit ahead of the Loo of the Year Awards. Manager of the Wetherspoons-run pub John Wall said: "I am delighted with the award. Staff at the pub work hard to ensure the toilets are in first-class condition at all times and it is great that this has been recognised by the inspectors."

## Football fans jailed for hailing Lawrence killers

**LONDON** Seven Charlton Athletic fans have been jailed for singing songs praising those responsible for the killing of Stephen Lawrence while travelling back from an FA Cup fixture last year.

David Bone, pictured, 23, of Tivoli Gardens, Woolwich, was one of those sentenced at Blackfriars Crown Court on Wednesday after he was found guilty of causing racially aggravated fear of violence. Jailed for 18 months, he also received an eight-year banning order.



## New lifts in tunnel fail 98 times in 18 months

**GREENWICH** New lifts for pedestrians and cyclists at the Greenwich Foot Tunnel have failed 98 times in their first 18 months of service.

The problems have led to 53 full days where one of the lifts has been out of action, leading to users navigating the staircases, currently narrowed by boardings as part of the delayed refurbishment.

Councillors were told that, as part of the latest round of refurbishment, Greenwich Foot Tunnel will be shut from 8pm until 5am every evening until December 3.

## Pair praised for saving man's life

**NEWHAM** A father and daughter team received a commendation from Newham Police after they helped save the life of a man in Beckton.

Nine-year-old Sophie Campbell and dad Robin were praised by borough commander Rob Jones for their "tenacity, resilience and strength of character" when they spotted a man hanging from a tree near the Sainsbury's car park cycle

lane on the A13. Mr Campbell grabbed the man's legs to take the weight off his neck before calling 999, while his daughter ran to the store to find help and a device to cut the rope.

After a joint effort, the man began breathing and made a full recovery.

As well as a certificate Sophie also received a personal invitation to the Barbie Store courtesy of Westfield Stratford City.



Sophie Campbell

## Building begins on chain hotel's £8.3m second site

**GREENWICH** Construction begun this week on a 104 bedroom hotel in the town centre.

Travelodge said the development represented an investment of £8.3million and will see 92 jobs created. The hotel is due to open in autumn 2014.

It forms part of The Movement scheme from Cathedral Group, which will also provide 181 residential apartments and 358 student apartments.

Travelodge's Paul Harvey said: "Our second hotel in the town will be a great addition to our portfolio."

## Canine charity takes the lead in puppy adoption

**CANARY WHARF** Cute canines will be taking a trip to E14 next week to raise awareness of a charity helping disabled people to lead a more independent life.

A variety of doggy representatives for Canine Partners will be meeting Wharfers in Canada Place Mall on Tuesday (November 12).

The charity will be collecting donations, selling cards and launching its Adopt A Puppy Christmas Gift Box. Go to [caninepartners.org.uk](http://caninepartners.org.uk).



Read more on these stories at [wharf.co.uk](http://wharf.co.uk)

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## Family ideas in Alive / P12

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## NEWS IN BRIEF

Around Docklands

### Fire crews tackle recycling blaze

**EAST LONDON** Fire crews from across east London battled a blaze at a Canning Town waste recycling centre throughout Wednesday night.

Around 60 firefighters attended the incident at Dock Road after being called just before midnight and took three hours to bring the fire under control.

The brigade boat attended the scene as well as teams from eight stations.

### UEL aims to lure Indian students

**DOCKLANDS** The University of East London has opened an office in India to attract students from the sub-continent.

An office in Delhi will assist students through the admission process and prepare them for London life.

The university has also announced plans to create a Sahara International India Centre, which will open on its Docklands campus in 2015.

# I fought my way out of negative attitudes

## HEALTH

Ex-fighting champ now teaches benefits of a positive outlook

**Beth.Allcock**  
@wharf.co.uk

**D**avid Pacquette is striving to change the world "person by person, bit by bit" from his hub in the heart of E14.

He's a smartly-dressed professional, bubbling with enthusiasm – yet the 39-year-old dad is not your typical Wharfer.

In his mid-20s, the east Londoner dipped his toe into the world of kick boxing, which catapulted him to a career in Thai Boxing, scooping World and British titles and a place in the Asian Contender championships in the process.

Although he needed a strong physique to endure and conquer, it was the mental challenges that caught his interest.

Strength of mind, as well as body, had pulled him back from a life of low self-esteem, dead-end jobs, drinking, smoking and a poor diet.

Pursuing his fascination further, he qualified as a Neuro-Linguistic Programme practitioner and set about spreading the word about mental attitude.

David now offers Positive Mental Attitude Training (PMA) and Hypnotherapy sessions at Reebok Sports Club.

"This is a game-changer, it's for the rest of your life; it's not just a one hit wonder," he said, talking about the technique that can help combat anxiety, stress, confidence and weight issues.

"At 24, when I was wide and rather round, I used to smoke and drink. If I could go back in time and say just what I was doing now, the old me would say I was talking rubbish. I never would have thought it.

"I had a word in my mind saying I couldn't achieve a better job or life, so I couldn't.

"But boxing training helped me start to rub that can't away, it turned that can't into a can.

"I continued to believe that I can, and now I am.

"With boxing, you train your body and get good results but with PMA, you train your mind to get great results as well. Wherever your mind goes, your body will follow."

The Whitechapel resident set up his services in the gym's spa, ReSpa, four months ago, first targeting professional fighters.

For his predominantly Wharf-based customers, he promises the techniques aren't intimidating nor are his tasks unattainable.

Psychologists couches are absent in favour of an initial talking session, before a tailored PMA plan is drawn up. This can include the setting of goals and tasks related to the overall target – whether it's quitting smoking or losing weight – and can also be tied into personal training on the fitness floor.

He said: "I assist people to make changes in their lives and help deliver different programmes that work.

"I don't sort people's problems out – I help them to deal with issues and



things they need to work on and I bring them to a place where they can be truthful with themselves."

Initial 20-minute consultations are free. From then on, fees will apply for both members and non-members of Reebok Sports Club.

Go to [respalondon.co.uk](http://respalondon.co.uk).

Feeling the burn / Page 48

## "With help we untangled overseas markets"

Shaun Pulfrey, Founder of Tangle Teezer Ltd

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David Pacquette gets people to challenge their fears

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- By teaching people to understand their unconscious thought processes and their negative traits, they can train themselves to challenge their outlook.
- Old habits can be disrupted and replaced with a new way of thinking based on "modelling" of successful people.

## A 'colossal appetite' for capital

From Page One

Ballymore already gained planning permission for much of the site and it is understood that work will begin quickly. The company decided to sell in May and announcement of the deal comes just days after it launched the £700million London City Island project for Canning Town.

Sean Mulryan of Ballymore said: "We have a shared vision with [Oxley] in terms of developing high quality, dynamic environments that create a built legacy."

The Mayor of London Boris Johnson said: "My team and I met with Oxley Holdings on our trade mission to China last month and I am thrilled at this demonstration of their confidence in our great city."

"This type of deal is exactly why I spent six days meeting businessmen and officials in China banging the drum for the capital, and it is further evidence of the appetite of developers from the far East to invest in London."

Meanwhile, Knight Dragon this week took sole ownership of the Greenwich Peninsula scheme in a deal worth £186million with Quintain Estates. The site has permission for 1,683 homes.

## Mayor muscled in on Wharf bid

### PLANNING

THE MAYOR of London Boris Johnson has taken the Convoys Wharf planning proposal away from Lewisham Council.

The major redevelopment scheme for Deptford Dockyard will see 3,500 homes built on a site which in the early 16th century saw construction of many of Henry VIII's naval ships.

However, developer Hutchison Whampoa asked Mr Johnson to call it in after

Lewisham Council failed to approve it.

On Wednesday, the Mr Johnson said: "We need to build thousands of new homes in the capital and proposals to do that at Convoys Wharf have been on the blocks for over a decade."

Lewisham hit back at the decision. A spokesman said it was "hugely disappointed" by the Mayor's decision, which will see the Greater London Authority act as a planning authority.

"The GLA recognises Lewisham Council's good performance in

delivering new housing over recent years," he added.

London Assembly member for Greenwich and Lewisham, Labour's Len Duvall said on Twitter: "Disappointed the Mayor has called in Convoys Wharf - he must listen to real concerns raised by Lewisham Council and the community."

Protesters calling for more scrutiny of the proposals are holding a meeting in early December to co-ordinate a response, with the final date to be confirmed.

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# Was my Halloween expedition a trick or a treat?

As a working mum I am forever beating myself up about not spending enough time with Master A. So last week I decided to take a couple of days off over the half term for some one-on-one time.

The day before our first adventure I received a frantic call from another working mum. Her childcare plans had gone pear-shaped and she needed someone to look after at least one of her three children. Could I help?

As her son happens to be Master A's best friend there really was only one

answer. I booked another ticket for *Muse Of Fire* at Shakespeare's Globe.

Shortly after, I received a text from another stay-at-home mum. She had heard I was taking the two boys to the theatre and wondered could I possibly take her daughter, too?

I was a tad put out because this mum is a stay-at-home one and, if anything, should be offering support, not asking childcare favours. Her daughter though happens to be Master A's "girlfriend".

Worried about the dynamics of the day, I phoned up another of the school

## WORKING MUM



TABITHA RONSON

mums and asked if her daughter would like to join us. She was delighted.

A further two tickets were purchased for the family show at the Globe.

Chaperoning four excitable costume-clad five-year-olds – a skeleton, a zombie, a She-Devil and a corpse bride – is no mean feat. The Tube journey was particularly challenging.

(My apologies to anyone who was in our carriage, travelling on the Jubilee line from North Greenwich to London Bridge on Thursday.)

*Muse Of Fire* was a huge hit with my

charge, the imaginative story-based treasure hunt around the famous London landmark a thrilling adventure. Afterwards, it was off for food at Gabriel's Wharf and a giddy play along the South Bank. We even packed in a spot of trick or treating.

The girls sobbed, the boys whined. Master A pleaded with me to let them come over to play again the next day.

Needless to say the other mums had no objection.

*Working Mum – feeling cheated on so many levels.*

## POLITICAL VIEWPOINT

By John Biggs

### Why is crime in borough on the rise?

Crime and the fear of crime are always high up on the priorities of people, particularly in our cities.

The likelihood of being a victim remains low, but it does happen and its impact can, of course, be very high.

And that is why people are, quite properly, concerned, and expect people like me to take an interest, and to be accountable when things go wrong.

I have been involved in London's policing for many years, and so know a bit about it.

I know that we have had a good news story, as recorded crime has fallen, and confidence has risen. This trend has continued, although sometimes something goes wrong.



It's time for the mayor to roll his sleeves up and do the job he's there for

Between 2010 and 2013, recorded crime in London fell by two per cent. In Newham it fell by six, in Barking and Dagenham by five and in Hackney by three. Why then, in Tower Hamlets, did it rise by nine?

This is clearly a serious concern, and something is going wrong in Tower Hamlets.

I am not sure about the exact answers but I do know that there is not a sudden conversion of people to wickedness.

So the something that's going wrong must be somewhere else – and I would start with the people in charge.

It's time for our local mayor Lutfur Rahman to roll those sleeves up, stop posing for photographs and do the job he's there for. And the local police chief will, I hope, be helping with inquiries too.

London Assembly Member, City & East



## Wharfinger The long view



2009 Johnny Vegas and Denise Van Outen join a cast of hundreds to recreate a scene from *Fame* to launch Turner Classic Movies Capture Your Classic campaign in Shoreditch.

1996 Prince Charles meets police and London Ambulance service workers after they assisted in rescue efforts following the explosion of an IRA bomb in Canary Wharf. The prince also toured the badly damaged South Quay area, which suffered the worst of the devastation. Two people were killed and dozens were injured and the victims are currently campaigning for compensation from Libya, which supplied the explosive Semtex.



## High Five Smartphone accessories

It's not enough just to have a smartphone – it's all the bits and pieces that make it a lifestyle



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**Sphero V2, £99.95** Robotic ball hooks up to your handset and you control it.

## SPIRAL NOTEBOOK

By Giles Broadbent

### Dandy's brand of revolution lacks colour

Russell Brand has suggested that young people should not vote, their collective act of indifference sparking crisis, then revolution.

He delivered his polemic on *Newsnight* in his usual baroque lexicon, like a child keeping pace with a runaway autocue.

His enemies were the usual suspects. Broadly, capitalism, and more especially, profit, climate vandals, military-industrial conglomerates and complacent elites. He wanted equality imposed – the poor brought up, the rich dashed down.

As an aside, he made a quip about his misery that West Ham had gone down 3-0 against Manchester City.

Guess what? He aspired for his team to do better.



Guess what? He aspired for West Ham to do better

It's not an unnatural thought. Ug, in his draughty cave, imagined spearing two mammoth a season, not just the one. With two he could feed his family and trade the surplus for insulation.

He was busy working on Spear 2.0 so Ug Junior, when his time came, could capture three. He wanted better for now and better still for his children.

A couple of millennia down the road, if Ug had not strived his ancestors would be living in a world without the iPad Air and Braun Exact Series nose trimmer and dodgy remakes of *Arthur*.

Brand failed to recognise that the poor think of themselves as the rich waiting to happen.

And his revolution would lead to a succession of mandated 0-0 draws and no-one, least of all the dandy himself, could tolerate such a colourless fate.



Follow Giles Broadbent on Twitter @MediaGulch





CANARY WHARF

# What's On

## WIN TICKETS

To After Hours With Noisettes, and the Canary Wharf Ice Rink

The Wharf has teamed up with Canary Wharf Group to offer a pair of tickets to attend the After Hours With... Noisettes at the East Wintergarden on November 12. The winner also gets a pair of tickets to Ice Rink Canary Wharf for a session of their choosing.

For a chance to win just answer this simple question:



The Noisettes had a hit with the song *Don't Upset The...*

- Applecart.
- Milk jug.
- Rhythm

To enter go to [wharf.co.uk](http://wharf.co.uk) and click the competitions link.

You'll need this code: **N001** and be prepared to give your name, address, phone number and email address.

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## GIG

**T**he distinctive smoking sound – and look – of The Noisettes is coming to the East Wintergarden where a rendition of their memorable *Don't Upset The Rhythm* and sing-along favourite *Never Forget You* are pretty much a certainty on the playlist.

The indie rock duo of singer Shingai Shoniwa and guitarist Dan Smith broke through in 2009, six years after they met at the Brit School for Performing Arts in Croydon. They recruited drummer Jamie Morrison (who left in 2010) and set about creating a blues-punk band.

They came to recognition as a band to watch in 2006 when one of their explosive shows "sound[s] like high-drama, heavily syncopated swagger-and-sway rock, spearheaded by incandescent frontwoman".

"Some bands stick with the same style forever," says Shingai who has been compared to Deborah Harry, Kate Bush and Diana Ross.

"They get together because they share identical musical tastes, then never do anything different."

"We're two divas with different record collections who constantly introduce each other to new sounds, whether it's African music, jazz, our own modern hybrid of soul music or new adventures in dance music. For us, making music means keeping our ears open."

Noisettes have built a strong following thanks to their enthralling performances and style which led them to being described as "the best live band in Britain".

"We always go that extra mile to give the crowd a night they'll never forget," says Shoniwa. "I love artists like Hendrix and Bowie who fussed over their hair and took time choosing an outfit."

Nov 12, East Wintergarden, 7.45pm, £25, [seetickets.com](http://seetickets.com).

## We're always on the lookout for new sounds

★ Five stand-ups will raise the already elevated roof of the East Wintergarden with gags, routines and acerbic wit.

The popular Canary Wharf Comedy Club is back with a line-up of cutting comic Romesh Ranganathan, one-liner king Gary Delaney, musical stand-up Richard Morton, award-winning Mike Wilmot and "psychic" Ian D Montfort.

Nov 11, East Wintergarden, 7.15pm, £12, [canarywharf.com](http://canarywharf.com).

★ Singers Mari Wilson and Barb Jungr are returning to Canada Water with a celebration of American soul and British pop.

The duo had previously starred solo at the south London venue but are joining together for their *Woman To Woman* show on Saturday.

Nov 9, Canada Water Culture Space, £12 (£10), 7.45pm, [canadawaterculturespace.org.uk](http://canadawaterculturespace.org.uk).



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# Alive

## STAGE

A production of a challenging work gives children lots to think about

**Beth Allcock**  
@wharf.co.uk

Contemporary political issues of Islamophobia, the War on Terror and Guantanamo Bay often prompt debates and spark interest that spans the generations.

And for theatre director Dominic Hingorani, it is essential to confront such hard-hitting topics.

Working under the Brolly Productions company, he is striving to convey discussions about human rights and national security to a young audience with an adaptation of Anna Perera's novel *Guantanamo Bay*.

He believes the context of the production – currently being showcased at the Half Moon Young People's Theatre in Limehouse – will make "a very good subject of discussion" for the families, schoolchildren and university students in the audience.

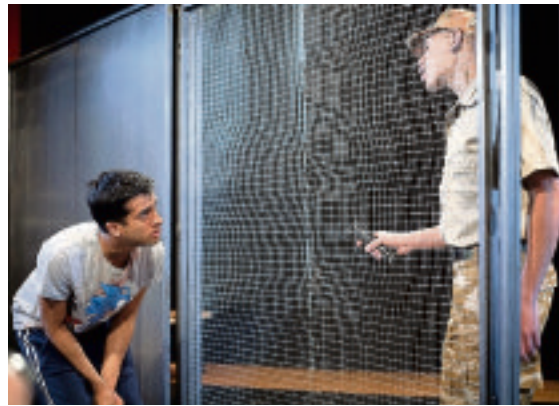
Part of the reason for the adaptation, which tells the story of a young teenage Muslim, Khalid, living in the dangerous aftermath of 9/11, was to address what he believes is a shortage of quality, emotionally-challenging theatre work for youngsters.

"We felt this story was certainly that," he said.

"And we are particularly interested in doing things that strongly resonate with young people and that have an emotive power to them."

"We tackle these issues in a theatrical space so we can discuss them."

"In a way, the play, for us, is exploring how important human rights are in relation to young people and, I suppose the question we are asking in the context of 9/11 is 'is it ever justifiable to forgo



The work tries to give an impression of incarceration

## Asking difficult questions direct from front line



**Dominic Hingorani: Emotional**

human rights, and what is the cost of doing that?"

"We are not telling the young people what to think, we are asking that question."

Working with co-artistic director, Rachana Jadhav, Dominic said they have tweaked the adaptation from the original

production, showcased at Stratford Circus last year.

He believes the messages of the play will still offer a strong connection to the mixed communities in both Stratford and Tower Hamlets.

Following a "tremendous reaction" in 2011, he is hoping for more of the same this time around.

"The play is staged in the round and the audience is close to the action in cages," he said.

"We have created a challenging environment and we want it to be a very powerful experience."

"It's very difficult, of course, to really imagine what it's like to be in the situation of being kept in a prison like Guantanamo but the closer you can get to creating that environment for the audience, the better it allows their imagination to achieve that – and young people have engaged very strongly with it."

Until Nov 11, Half Moon Young People's Theatre, halfmoon.org.uk.

## STAGE



### Nobody Rides The Unicorn

Various venues

Puppets, live music, sound effects and magic bring alive Adrian Mitchell's lyrical children's story.

The greedy King of Joppardy and cunning Doctor Slythe trick Zoe into helping them capture a unicorn.

When she realises that they plan to take the unicorn's magical horn, Zoe knows she must set the beast free.

But will she be putting herself in terrible danger?

50mins, 4+, showing at Canada Water Culture Space (Nov 16), Stratford Circus (Nov 23), puppet-craft.co.uk

## APP



### Room On The Broom

£2.99, iTunes, Google Play

With so many freebies about, a pricey one will not often make the grade. But we'll make an exception for this magical production. If you're already a fan of the book, you'll love this storytelling, game-playing app. If you're not, after playing this app you'll be compelled, almost as if under a spell, to buy it.

## BOOK



### When Did You See Her Last?

Lemony Snicket (Egmont)

In this book Snicket and Theodora Markson investigate the mysterious disappearance of the daughter of the owners of Ink Inc.

Theodora says that the girl has simply run away. But when visiting her parents, Snicket smells laudanum which makes you drowsy and forgetful. He sets off to discover more, and soon must battle the Inhumane Society and one of its most evil villains, Hangfire.

I liked the twists and turns. At times it's also creepy, thanks to both its black and white pictures and its colourful language.

Ralph Ballard, 9

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What's On

Turn to Page 45

## Let's blame the old folk

In the latest of his occasional *Wharf* columns, comedian Lee Hurst takes a crowbar to the bed blockers

A recent report by "social mobility Tsar" Alan Milburn states that old people have hardly been affected by the austerity cuts so should now be taxed more to help pay for things like youth unemployment.

Well that's that sorted. Old folk are to blame for everything.

Well done Alan!

Obviously he's right. These selfish people are living way too long.

Isn't it time they took responsibility for their own actions and called it a day?

Some of them go on for years. They have false teeth, new hips, replacement knees. There's very little of the original model left anyway. They just need a nudge.

They live in homes far too big for them and they're packed full of fantastic vintage furniture that



Shoreditch trendies would give their right arms for.

Because of our massive deficit, we have to decide where we spend our borrowed money.

Why are we even letting old people go to the doctors when we've got overseas aid to pay for? Have you seen the plight of the starving children in Africa?

Well, so has the dictator who rules them and he's relying on our money to build a palace big enough to make sure he doesn't have to look at them every day. It puts him off his lunch.

Sure, the elderly moan that it was them that created the welfare state and having paid into it their

whole lives they now want something back like meals on wheels.

Well tough, there's a bus lane to be repainted.

Perhaps we can learn from how other cultures treat their OAPs. Look at the Eskimos; they leave their elderly out in the snow to die.

We're more subtle, we just put up gas and electricity prices.

That way the hypothermia kicks in at home and the gritting lorries don't bump into them in the streets.

We have to accept it, there isn't a bottomless pit of money to spend.

So remember, the next time your local mayor can't afford a chauffeur driven car to pick up his dry cleaning, you make sure you let the nearest pensioner know it's all because of them.

Lee Hurst runs Bethnal Green's Backyard Comedy Club. For details go to backyardcomedyclub.co.uk.



Sandra Bullock and George Clooney are adrift in space

## Sandra's out of this world

### SCREEN Gravity

(12A) 91mins

The curious thing about Alfonso Cuarón's majestic and spell-binding space odyssey is the absence of doom.

Peril, yes, and tension, certainly, but doom? It's not that Sandra Bullock's attempt to get back to earth from space is a simple hop, skip and jump – especially as a hop, skip and jump are not so simple in zero-G.

But, here's the thing. If one is to shuffle off this mortal coil then there can be few better journeys than to drift into the endless void, lulled into oxygen-deprived sleep with the stars as a backdrop and the brilliant blue marble as your night light.

The film does confront this dilemma head-on.

Bullock's Dr Ryan Stone has every reason to surrender to the serenity. In space, where the act of living is sheer, miserable graft, she can forget her personal grief. And as death becomes inevitable, she understands that to close her eyes is to be reunited with her daughter.

But the title of the film sums up the subtext. There's always something pulling us back, pulling us home.

Stone and Matt Kowalski (George Clooney laying on the charm) are carrying out repairs on the Hubble telescope when their shuttle is shot through with space debris from an explosion.

Their prospect of rescue comes from an array of habitable space stations dotted here and there, but they, too, are being torn apart by bullets of debris.

That is the plot. The story, is something different. The

story is about how a team of film-makers have used photo-real CGI to create the most wondrous 3D spectacle.

If the tug of the film fails – Ryan's spectacular quest to get home becomes less *Silent Running* and more *Indiana Jones* – then sit back and enjoy the view.

The technical wizardry of creating a space without up or down – the whoosh, the drift, the clatter – are created with Oscar-baiting brilliance.

Bullock's performance also is something to behold. On her own for much of the film, she has to convey how, in a frictionless environment, she finds the traction, the grip on life, that forces her to ever-greater feats of daring.

This is a remarkable film, gripping, inspiring and breathlessly beautiful.

Giles Broadbent

★★★★★



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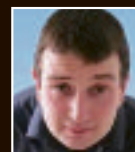
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Eddie Brimson



15th Nov  
Carl Donnelly



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# Food



## DRINK WITH PAULO BRAMMER

### Winter warmers for the chilliest days



■ Turkey Flat Butchers Block, Barossa, Australia 2010  
■ £14.99 at Majestic.  
■ This winery is named after the flat area where it is located – Barossa – which once was over populated with wild turkeys. This wine is a classic Rhone blend of grenache, shiraz and mourvedre. It boasts plenty of generous dark fruit combined with sweet spiced oak.

★★☆☆☆



■ Zinfandel, Frogs Leap, Napa Valley, USA 2010.  
■ £24.99 at Waitrose.  
■ This is Zinfandel is carefully made without the big flavours and alcohol as is normally found in American Zins. A dash of Petite Syrah and Carignan are added to the blend and the result is a wine showing restrained and refined red fruit. Oak is persistent on the tongue.

★★★☆☆



■ Chardonnay, Planeta, Sicily, Italy 2010.  
■ £25 at Majestic.  
■ Planeta winery is a pioneer of good wine making in Sicily and Alessio Planeta is possibly one of the best craftsmen in the region. This Chardonnay has a lovely texture and plenty of fruit with seductive notes of butterscotch and hazelnut. Perfect with creamy pasta.

★★★★☆

Paulo Brammer buys wine for ETM Group, which owns The Gun. Go to [etmgroup.co.uk](http://etmgroup.co.uk)

# Secretive venue deserves a visit for its excellent wine and tariff

Latest Westferry arrival impresses with warmth of its Gallic atmosphere

## REVIEW

### Le Secret des Rotisseurs

Westferry

What's the best deal to go for at this restaurant?

"The three-course special menu (£14.95-£24.95) changes every weekend. It's a great way to get acquainted with Le Secret."

**R**ooted in French roasting heritage, Le Secret des Rotisseurs on the riverside at Westferry won't remain a secret for long.

Tucked away from the main footfall of The Wharf, the newly opened chic family-run restaurant deserves to be celebrated for its superb wines, succulent meat and a certain cool Parisian atmosphere that I think is unrivalled around here.

The short walk to the riverside is worth every step – you can work up an appetite to make room for more macaroons.

Charming and passionate staff, excellent value for money and the best wines I have sampled for a long time mean this new offering will become a favourite on this hungry Wharfer's list.

The art of rotisserie-roasted chicken is the centrepiece, with perfectly cooked poultry slowly cooking away in its secret sauce, turning on bespoke hinge-and-chain rotissoires in the slick open-plan setting.

Couples sit in industrial-looking unique seats that originally furnished Altitude 95 up the Eiffel Tower.

They sip on rare and independent label wines

sourced by owner Benoit, who left a career in finance to follow his foodie dream to open a restaurant with his siblings.

As he serves us our first course of hearty and chunky Terrine de foies de volaille (poultry liver terrine) with a salad of baby leaves and farmhouse bread, he boasts that everything on his carefully selected menu is homemade and there is no freezer or microwave in the kitchen.

The free-range birds are sourced directly from English farms and are cooked on a very slow rotation, which intensifies the flavours and produces tender juicy meat, without retaining fats and oils.

While enjoying a glass of oaky, smooth and dense Chateau Clauzet 2007 Medoc (£7.60) we are treated to the arrival of our veal shank, which is cut at the table and served perfectly pink in a red wine gravy with pommes frites that were golden and crispy,

accompanied by mushrooms in white wine. Two more glasses of the deep warming red flowed and we devoured every inch of the meaty joint, even picking at the flavoursome leftover bone.

A classic strawberry cheesecake was recommended, finished with a perfectly matched sweet Chateau Cantegril 2009, Sauternes Barsac (£10).

**£10**

For a glass of Chateau Cantegril 2009

## Vibe wins out over substance

## REVIEW

28-50

Mayfair

If you'd told me before I'd been that the best thing about wine bistro micro chain 28-50 would be a

mouthful of smoked salmon (£6.90) filched from my wife's plate, I doubt I'd have believed you.

The marketing is so up on delicate charcuterie and, of course, the numerous vintages all by the glass, carafe or bottle.

But there you have it; preconceptions are rarely accurate and the fish won the day.

The deep fried squid (£6.75) I started with was fine texture-wise but its oriental dressing lacked bite.

My rib eye steak (£18.50) was too fatty and came with an overly rich braise, an excretion pumped from an obese man's veins perhaps.

But the service was slick for the most part despite a mix-up with side dishes. The matching was immaculate and all about the dimly lit bar (exposed filament bulbs, what else?), well-heeled Londoners swished hair and popped corks.

Consequently, the overall effect was one of intense relaxation. Even a birthday

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We sampled the three-course special menu, which changes every weekend.

It is served from Friday night to Sunday and is priced between £14.95 and £24.95 depending on the meat.

This is a great way to get acquainted with the delights of Le Secret.

Meats on the menu range from Bourbonsais leg of lamb to veal shank and rolled pork shoulder from the Ginger Pig.

Pigeon, rib eye beef brochettes and free range

ducks de Challans also make an appearance. Bon appetit indeed.

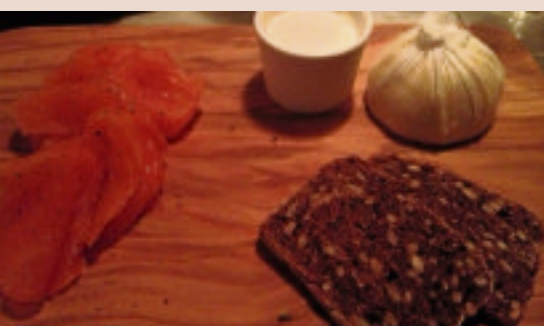
**Kay Lockett**

*Le Secret Des Rotisseurs, 37 Westferry Circus, Canary Riverside, E14 8RR, 020 7719 0950, eatlesecret.co.uk*

#### Our verdict

A secret worth discovering

★★★★☆



Charming smoked salmon

bash was artfully catered for and failed to damage the aura of calm.

I've certainly had better meals, but curiously I wouldn't mind going back, if only for another glass of the Vacqueyras 2009 (£4.35).

**Jon Massey**

*28-50, 17-19 Maddox Street, Mayfair, London, W1S 2QH, 020 7495 1505, 2850.co.uk.*

#### Our verdict

Not a must, but a maybe

★★★☆☆

Above, chickens spin slowly on the spit bathed in Le Secret's special sauce. Left, the Westferry restaurant has an open plan design and is right on the river.

#### BILLINGSGATE POP UP

### Bookings open for seafood restaurant

★ Billingsgate Seafood Training School is repeating its popular pop-up at the fish market.

Located above the trading space, the restaurant will be serving lunch menus that celebrate produce from London's main markets – meat from Smithfield, fruit and veg from New Spitalfields and, of course, seafood as well as veggie options.

Open on December 12, 13, 19 and 20. Meals cost £30 per head. The restaurant is BYO. Call 020 7517 3458 or email [info@seafoodtraining.org](mailto:info@seafoodtraining.org) to book.

#### THE GUN

### Pub hosts cheese, chocolate and beer

★ Turophiles, chocoholics and beer buffs unite might care to head to The Gun on November 29 where all three foodstuffs will be plentiful.

Starting at 7.30pm in the gastro-pub's new heated winter marquee, Harviestown's second brewer Amy Phizacklea will pair five of its best beers with a selection of Alsop and Walker's finest artisan cheeses.

The evening will end with chocolate and beer brownies. Tickets are £25pp. Call 020 7515 5222 or email [anna.mcc@thegundocklands.com](mailto:anna.mcc@thegundocklands.com) for bookings.

### FOOD FOR A FIVER

By Jon Massey

**Autumn nut pesto and mozzarella on artisan**  
£3.45, Pret a Manger  
One Canada Square

I grew up near woodland so its mossy leaf-mould scented bulk has always stirred up a special fondness.

And so too tastes, flavours, smells and aesthetics that recall the forest.

Which probably explains my love for this lunchtime snack. I bought it three times last week. It's bordering on an addiction.

But the combination of fresh spinach, sun dried tomatoes and creamy mozzarella when set against the grainy, gritty,

earthy nut pesto is impossible to resist.

I've just had lunch, I should be sated, but even writing about this devil food is making my mouth water. I'm seriously considering hopping in the lift and purchasing one right now.

This is getting bad. It's also just occurred to me that by letting everyone else on the Wharf know how good these are I might find them hard to come by.

And if I went downstairs to find only an empty shelf with smiling staff gloating at my misfortune I'm not sure I could cope.

I beg you, dear reader, please leave at least one (two) for me.

#### Our verdict

Redolent of the forest, these are delicious

★★★★★



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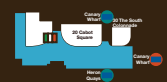
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# Health

## SLIMMING

BY CAROLINE WATERSTON



### WEIGHT LOSS DIARY

**W**hen I started this column in July, I proudly announced I was finally on the road to becoming a skinnymalink. As the pounds quickly fell off, I beamed with joy as I told you how easy I was finding Weight Watchers. Sadly, life takes over and weight watching becomes an uphill struggle. That's how I'm feeling right now. I do weigh 4lbs less than I did two weeks ago but, if I'm honest, that's down to a tough three-day detox I forced on myself. I feel a little invigorated, however. Hopefully, the loss has given me the kick-start I need.

■ Start: 14st 4½lbs  
■ Now: 12st 13lbs  
■ Goal: 10st 7lbs (or as near as)

### RECIPE

★ Try this lovely WW recipe for lemon drizzle cake that's only five ProPoints per serving (nearly half the Pret version).

**Ingredients** Four sprays of calorie controlled cooking spray, 225g caster sugar, four eggs, 75g low fat spread, two zests of one lemon, 100ml lemon juice, 150g plain white flour, 50g icing sugar, serves 12

**Method** Preheat oven to 190C. Spray a 20sq cm cake tin with cooking spray and line base with non-stick baking paper. Spray the paper with the cooking spray. Whisk the sugar and eggs in a large mixing bowl until mixture is pale and foamy. Gradually add the melted spread, whisking well between each addition. Whisk in the lemon zest and gently fold in the sifted flour avoiding air loss. Pour into the tin and bake for 18-20 minutes. Heat lemon juice and icing sugar in a saucepan. Drizzle mixture onto top of cake (pierce first) and leave to cool.



### DETAILS

■ Caroline attends Weight Watchers at Reebok Sports Club, Canary Wharf. Classes run on Weds and Thurs from 7.30am-1pm. For information about meetings and ProPoints go to [weightwatchers.co.uk](http://weightwatchers.co.uk).

### RUNNERS NEED

## Join the Nike+ Run Club as an extra motivation

★ Struggling to find the motivation for a post-work fitness session?

Why not incorporate exercise into your lunchtime instead with the help of Canary Wharf's Runners Need.

The Jubilee Place store hosts the free Nike+ Run Club every Wednesday, meeting at 12.15pm for a 12.30pm start.

Booking not required.

### SPEEDFLEX

## Day-long workout will mark launch at Bank

★ A non-stop 24-hour session of high intensity group training will mark the opening of a new Speedflex hub near Bank.

The Lombard Street fitness studio – which solely features the calorie-torching circuit exercise equipment – will see celebrity ambassadors Alan Shearer, Ben Shephard and Rob Lee take part. The fitness challenge will start at 8am on November 12 and finish at the same time the following morning.

Go to [speedflex.com](http://speedflex.com) or call 0844 543 3631.

# Make sure you know what your exercise session burns

### WELLBEING



Our fitness guru **Laura Williams** cautions against splurging after the gym

**A** recent survey found keen gym-goers are wildly overestimating their calorie-burn during exercise and gaining weight as a result.

According to the survey, four out of 10 burn between 300 and 500 calories per workout; a quarter only burn 200 to 300 calories, while 10 per cent burn just 100 to 200 calories. And a shameful four per cent burn less than that.

In a bid to steer your workout ship past the rocks of over-eating, I've come up with a workout calorie guide to help you discover if you really are making a dent in those business lunches.

■ **The highest calorie-burning workouts** Anything that's tough on the puff and high intensity is guaranteed to give you a high calorie-burn.

Spinning, circuit classes and interval training on the CV machines all burn many calories – think around 500 for a 45-minute session.

**600**

Calories burnt on an average six-mile run

Aerobic sessions tend to burn a higher number of calories during the session itself than lifting weights but weight or resistance training will give you a higher excess post-exercise oxygen consumption (EPOC), also known as afterburn – the post-session hike in metabolic rate.

Outside the gym, football, rollerblading, skipping and tennis all rank pretty high on the calorie-burn scale. As will a DIY home circuit consisting of moves like burpees, shuttle runs, press ups, and umpteen squats and lunges.

At the lower end Pilates and yoga may be good for increasing core strength and flexibility but they won't do much for shrinking your waistline.

Try to do these only in addition to tougher workouts – supplement a tough week in the gym with a nice relaxing class at the weekend.

Forget wasting time on those machines that isolate muscles – the useless inner and outer thigh machines are far better replaced with a plié squat, the ab crunch machine is not a quarter as effective as the plank, while the leg curl machine is best replaced with a Swiss ball hamstring curl. The more muscles you have to use, the better.



You'll probably need to run further than you think to offset a night out

### ■ Calorie-burn average of gym activities

- 45 mins spinning class: 450 calories
- 30 mins on treadmill: 300 calories
- Six-mile run: 600 calories
- 45 mins swimming: 400 calories
- 90 mins Bikram yoga: 400 calories
- 45 mins Pilates class: 250 calories
- 45 mins circuit class: 450 calories
- 45 mins aerobics: 400 calories
- 30 minutes lifting weights: 250 calories

### ■ Biggest workout calorie blunders?

Overfueling pre-workout – you really don't need that much to get through a workout.

If you're looking to lose weight, exercising on empty can be a good strategy, although it doesn't work for many as you can then be under-fuelled and unable to do as much.

A small cereal bar or a small banana are both

good workout fuel. They're not too high in calories and the readily available sugar is just what your body needs to access quickly to see you through that class.

Also, overestimating how much you've burnt. Prone to grabbing a muffin after you've exercised?

Even if you ran hard for five miles, you've only just burnt off that muffin. Worse still, a gentler session such as a Zumba class will only burn off a small bowl of Special K. So watch your portions.

Don't think you can offset a workout against a night out either. Even if you've strategically planned a tough gym session for the day, you're probably not going to make too much of a dent in the 24-hour overall calorie intake through one workout alone. Be abstemious.

## HEALTHY POST-WORKOUT SNACKS

**F**or the perfect, post-weights high protein breakfast I'd be inclined to head to **Leon** ([leonrestaurants.co.uk](http://leonrestaurants.co.uk)).

Their smoked salmon and avocado pot makes a high protein breakfast so much more palatable than trying to rustle eggs up at home. Veggies should try the shredded kale and peanut salad.

Head to **The Pearson Room** ([thepearsonroom.co.uk](http://thepearsonroom.co.uk)) for a post-spin smoothie – its morning glory breakfast drink with rhubarb, oats and honey provides a viable alternative to a morning muffin – or a light, high protein, low-cal lunch in the form of seared yellow fin tuna salad with pomegranate and starfruit. Both are perfect.



Tuna fin salad at The Pearson Room

If you're heading out on a dinner date or a swanky client lunch, you'll impress without creating a bulge in your waistline at **Roka** ([rokarestaurant.com](http://rokarestaurant.com)).

Play it safe with their high-protein, low-fat tasting menu (think spicy tuna and avocado maki and black cod marinated in yuzu miso) or push the boat out and choose from the grill.



# Fashion

## Trailblazing has been boon to eclectic brand

### STORE PROFILE

**Beth Allcock** discovers why confidence in success on the Wharf has been repaid for Oliver Bonas

**W**ith bright lights and striking design – not to mention an array of eye-catching goodies inside – Oliver Bonas made the first mark on Canary Wharf's retail expansion almost two months ago.

The brand arrived in E14 in September and now calls a unit on the upper tier of Jubilee Place Mall home. And it's something of a first for both shoppers on the Wharf and its surrounding section of the capital.



Assistant manager Alex Dysarz

Assistant manager Alex Dysarz said, although the brand had outlets in Cheapside, Liverpool Street and Spitalfields, its presence further east of the City had been substantially boosted by the new store.

"I was 100 per cent sure Oliver Bonas was going to be a really good shop for this area," said the 27-year-old, who has worked for the company for more than three years.

"Everyone was really happy and was saying it was so amazing to have us here.

"When I was working in Camden, the customers from there often worked on the Wharf, so essentially it's the same type of person coming through the doors.

"I'd say about three-quarters of shoppers here knew our brand before this opening because they live somewhere in west or south west London. And we have been lucky. It takes a bit of time for people coming from different malls to find us here.

"The first two weeks people would say 'I didn't know you were here'. But then, after we did the fashion shows, they knew where we were and started coming."

And being a beacon for Canary Wharf's updated retail offering – which will see 25 new stores in Jubilee Place – has its benefits.

"Jubilee Place is perfect for us; our location is amazing," said Alex. "The shops downstairs will attract people and, with us, they will have an amazing place to shop at lunch-times.

"There's lots of things going on all of the time in the mall with the fashion shows and Christmas grotto."

For the festive period, Oliver Bonas will be jam-packed with new ranges of fashion and festive treats for shoppers, including gifts for Secret Santa and advice on how to buy the perfect present.

Not to mention a feel-good atmosphere with Christmas carols playing in store to add some festive sparkle to Wharfers' winter shopping sessions.

Go to [oliverbonas.com](http://oliverbonas.com).



Bright colours on the rails at the Oliver Bonas store in Jubilee Place Mall



KAY LOCKETT

Sales adviser  
Daisy wears  
dress, £75  
hat, £25  
necklace, £29  
clutch, £40  
**Oliver Bonas**  
Jubilee  
Place Mall  
[oliverbonas.com](http://oliverbonas.com)

## MALL TRAWL

Deals, offers, bargains

### SHOW

### Models to star in Indigo2 event

★ The glitz and glamour of the beauty, fashion and fitness worlds will descend on the Indigo2 on Saturday.

As the first show of its kind, the World Beauty Fitness and Fashion UK Spectacular will see the cream of the crop of models from each sector entertain on the North Greenwich stage. Starts at 6.30pm. Go to [theo2.co.uk](http://theo2.co.uk).

### M&S

### Rosie releases a sleepwear range



Rosie models her pyjamas

★ Model Rosie Huntington-Whiteley has launched her first sleepwear collection for Marks and Spencer.

The garments, to be stocked in the brand's store at Westfield Stratford City, follow on from her successful lingerie range. Go to [marksandspencer.com](http://marksandspencer.com).

### NORDIC POETRY

### Boxpark launch

★ Fans of vintage attire will embrace the Nordic Poetry launch at Shoreditch's Boxpark.

Expect plentiful jackets, denim shirts and dungarees. Go to [nordicpoetry.co.uk](http://nordicpoetry.co.uk).

**"Highly recommended!!!"**  
I was very happy with service and result. The atmosphere is very friendly. Service is excellent. I had a Shellac manicure and it is beautiful. One of the best I ever had."



### OPENING TIMES

Monday to Friday - 10am - 7am  
Saturday - 9am - 6pm  
Sunday - Closed



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# Travel

## LUXURY DESTINATION



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## Relax in comfort at this luxury complex

★ Iniala Beach House in Phuket is an exclusive three-villa, 10-bedroom Thai masterpiece combining luxury with creative architecture.

Due to be launched this month, it basks on Natai Beach and is just 20 minutes from Phuket Airport.

The brainchild of founder and entrepreneur Mark Weingard, it is available for exclusive rental or by individual villa.

It's traditional Thai design offers a fusion of organic, contemporary concepts also drawn from Europe

and South America while the beach house's own restaurant Aziamendi, presided over by three Michelin-Star chef Eneko Atxa, overlooks the Natai River.

Culinary masterpieces are in store as Eneko uses European techniques to whip up dishes using the best local ingredients.

Further relaxation can be sought in the villa's individual private spas or within the fully-equipped gym and play bar. Villa hire starts at \$25,000 per week. Go to [iniala.com](http://iniala.com).

## WILD WORLD



Singita Castleton offers an oasis of calm close to local wildlife

## See nature's beauty at nearby waterhole

★ If you're seeking a private safari lodge with a rustic, farmhouse charm, head to the Singita Castleton in the wilds of South Africa.

The house with its six cottages is set within 45,000 acres of private reserve and boasts an enviable location in the heart of the action, overlooking a popular waterhole drinking spot for animals.

Catering for up to 12 people, it offers an intimate-yet-homely experience with relaxation spaces in the courtyard, traditional

farmhouse, boma and country-style kitchen. A range of high end facilities are dotted throughout, with a vast garden, swimming pool, wine cellar, gym, tennis court and spa.

Launched last month, it is the former home of Singita founder Luke Bailes' grandfather.

Costs at the resort, which is located near Singita Sabi Sand are £4,089 per night, based on eight people sharing at the resort. Go to [singita.com/castleton](http://singita.com/castleton) for booking information.

# Sun set to rise on Pacific rim tourism in coming decades

Report snapshots highlight importance of Brazil, Asia and cruising

**T**he World Travel Market returned to the Excel centre this week showcasing emerging markets and insights into future holiday trends.

The global event for the travel industry saw a programme of conferences, seminars and colourful promotional stands by tourism boards from around the world.

If you want to stay ahead of the curve we've taken some snapshots from the event's Industry Report 2013:

■ **Brazil's** rapid growth, which has resulted in it becoming the host nation for the 2014 FIFA World Cup and then the 2016 Olympic and Paralympic Games will see its role in the world's tourism economy swell.

The country is hoping to attract 500,000 more visitors to the country in the World Cup year, compared to 2013, and a further 15 per cent increase in visitors for the Olympic year, compared to 2015 arrival numbers.

## HOT SPOT

Asia is the next tourism hot spot with Vietnam, Myanmar and Cambodia among the top destinations to head for.

■ The UN World Tourism Organisation projects the **Asia Pacific Region** will have the largest increase in inbound tourism through to 2030 with an increase of 330million international arrivals, reaching a total of 535million international arrivals by 2030.

This represents a 30 per cent global market share and will be the only region with an increasing market share through to 2030.

## POWERHOUSES

Brazil, Russia, India, China and South Africa will become the powerhouses of the travel and tourism industry.

■ A new trend has taken off in the **Middle East** aviation industry of no-frills carriers offering a business class service.

No-frills business class can include bigger seats, more leg room, a meal and on-board duty-free, while keeping low prices and the airlines still achieving good profitability.

It also looks like it will expand



Nalina Srisam-Ang and Yada Damrongsak of Thai Airways International welcome delegates at the airline's World Travel Market 2013 stand

## POTENTIAL

Sri Lanka, Indonesia, Malaysia, Mexico and Argentina are countries showing travel and tourism potential.

across the globe. A massive 87 per cent of senior industry executives believe no-frills business class cabins could be successful in other regions.

■ Nearly half (43 per cent) of holiday-makers use social media – to varying degrees – while they are on holiday.

One in 10 holidaymakers will use social media regardless of whether they are in the UK or abroad.

The use of social media while on holiday looks set to become commonplace, due to the potential ditching of mobile roaming charges while in EU countries.

■ The **cruise industry** is the fastest growing sector of the global tourism industry with new ships being intro-

duced every year. More than seven out of 10 (71 per cent) of UK holidaymakers have never been on a cruise holiday, with 32 per cent not interested.

## SUN SURVEY

One third of UK holidaymakers said good weather would see them holiday at home rather than abroad in 2014.

■ The World Travel Market 2013 Industry Report also asked UK holidaymakers which celebrity parents they would most like to sit next to on a plane.

Almost half wanted to sit next to **Kate Middleton** and Prince George of Cambridge.

Victoria Beckham and baby Harper and Beyonce Knowles and baby Blue Ivy were some way behind on 10 per cent each. Kim Kardashian and baby North West came last with only two per cent.

**Kay Lockett**





A Kenyan Maasai warrior causes a stir travelling on the Tube to the event



Left, Fijians promote their island. Above, TOWIE's Joey Essex is snapped on the Las Vegas stand



Right, promoting Latin America

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## Stars

With Claire Petulengro

### AQUARIUS

JAN 21-FEB 19

For more call 0905 817 2070

Someone you fell out with recently offers you the chance to make up with them but aspects suggest you must be the first one to offer the olive branch.

### PISCES

FEB 20-MAR 20

For more call 0905 817 2071

You have a hard decision to make about a relative, but it's all for the best in the long run. Ask lots of people rather than relying on just the one reaction.

### ARIES

MAR 21-APR 21

For more call 0905 817 2060

Try to take your time when dealing with professional faces this week. You may not realise it, but you really do have the power to move mountains. Take a punt.

### TAURUS

APR 22-MAY 21

For more call 0905 817 2061

You are capable of getting anything you want this month, which is precisely why you must not settle for second best. A familiar face brings really bad news.

### GEMINI

MAY 22-JUNE 21

For more call 0905 817 2062

You now realise that someone is toying with your emotions. Play it cool, and remember the saying "better the devil you know". It's old wisdom.

### CANCER

JUNE 22-JULY 23

For more call 0905 817 2063

Someone you thought you could trust has let you down but you don't seem to know whether to oust them from your inner circle. Make up your mind.

### LEO

JULY 23-AUG 23

For more call 0905 817 2064

New faces make empty promises and really should be given a wide berth. Believe nothing of what you hear and only half of what you see.

### VIRGO

AUG 23-SEPT 23

For more call 0905 817 2065

Don't break work dates. You'll soon see why. New friends come with foreign accents and some accommodating family members help out too.

### LIBRA

SEPT 24-OCT 23

For more call 0905 817 2066

Friends and foes may well seem like one and the same after the revelations that recent weeks have brought. Your faith in close ones will be restored.

### SCORPIO

OCT 24-NOV 21

For more call 0905 817 2067

New career paths beckon but what Saturn will be teaching you during November is that your true talents do not lie where you think. Listen up.

### SAGITTARIUS

NOV 22-DEC 22

For more call 0905 817 2068

Consider carefully before taking on new financial commitments. The stars indicate there could be more hidden costs than you realise when you sign.

### CAPRICORN

DEC 23-JAN 20

For more call 0905 817 2069

Holiday plans are in the air – and a certain amount of excitement. You've boxed yourself in for some months but from now on you're ready to break free.

Contact our psychics to get a FREE personal CD of your reading

### Live psychic

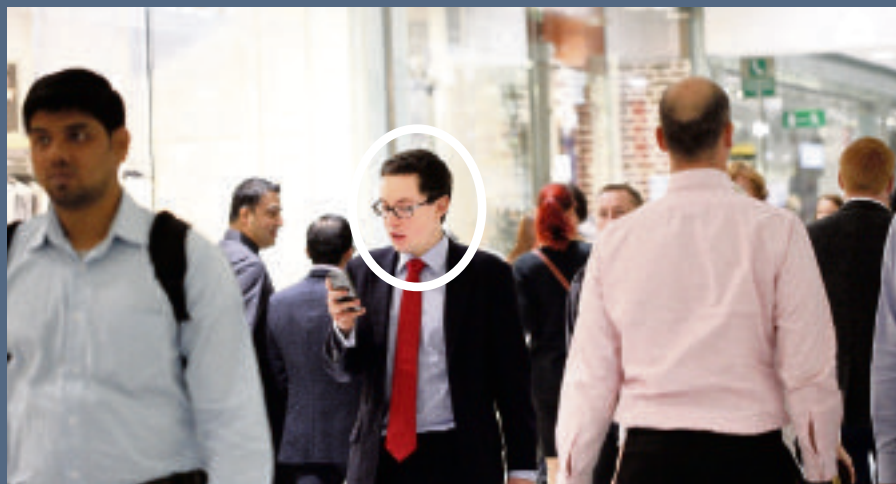
Call a live psychic for your personal consultation on 0906 174 2078

To pay for psychic reading by credit card, call 0800 063 0909

### Live text

Text a Psychic: Just text CLA13 and your question to 86010 and one of my psychics will give you a reading

## Face in the crowd

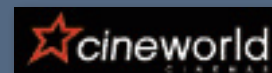


★ Each week we send our photographer out to snap a Wharfer who then wins dinner for two at Via and a pair of movie tickets for a film of their choice at Cineworld West India Quay.

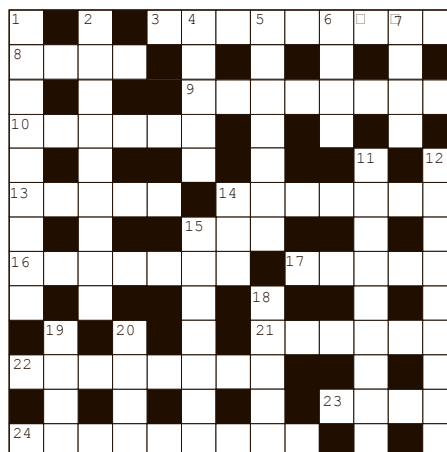
The winner and a guest will receive two burgers and two bottles of Budweiser (or a bottle

of wine) between them at the West India Quay venue.

To claim, the winner should bring a copy of the paper they're featured in to main reception at One Canada Square weekdays between 11am-4pm and ask the receptionist to contact Jon Massey or Beth Allcock at The Wharf on 020 7510 6306.



## Crossword



### ACROSS

3. Do something risky or dangerous (5,4)
8. Burden (4)
9. Coverings for the feet (8)
10. Highly-spiced sausage (6)
13. Happen again (5)
14. Housebreaker (7)
15. Merriment (3)
16. Forks, spoons, etc. (7)
17. Broaden (5)
21. Ask earnestly (6)
22. In these times (8)
23. Soon (4)
24. Stammered (9)

### DOWN

1. Build (9)
2. Exact copy (9)
4. Resembling an elf (5)
5. Part of speech (7)
6. Young deer (4)
7. Snare (4)
11. Coshes (9)
12. A stiff fabric (9)
14. Purchase (3)
15. Warship type (7)
18. Squander (5)
19. Boxing contest (4)
20. Desire (4)

ACROSS: 1. Construct; 2. Temp; 3. Temp; 4. Elfin; 5. Pronoun; 6. Fawn; 7. Trap; 8. Burden; 9. Recur; 10. Sali; 11. Bludgeons; 12. Crinoline; 13. Widely; 14. Buy; 15. Frigate; 16. Cutlery; 17. Widely; 18. Waste; 19. Bout; 20. Want. DOWN: 1. Construct; 2. Temp; 3. Temp; 4. Elfin; 5. Pronoun; 6. Fawn; 7. Trap; 8. Burden; 9. Recur; 10. Sali; 11. Bludgeons; 12. Crinoline; 13. Widely; 14. Buy; 15. Frigate; 16. Cutlery; 17. Widely; 18. Waste; 19. Bout; 20. Want.

## Sudoku

### EASY

2		3	9	1	8	7		
8	5	9	2	7	6		4	3
	6	7		4	3			
7	3	4	8	9			6	
9		8		6	5	2		4
	2	6		3		9		
4	7			8		3		
6		1		5	7	4	8	
3	8	5	1	2		6		7

### HARD

		3	8	2				
		6		1	7			
								5
			8		3			
			9	3	6	4	2	
2	1						4	
8				2	9	5		
5		4			2			

### GUIDE

In order to complete Sudoku, readers should fill in each of the grids so that every column, row and 3x3 box within the squares to the left contains the digits 1 to 9. No repetition of digits is allowed within any of the sequences. Why not time yourself and see whether you can beat your best with next week's puzzles?

The Wharf's Sudoku puzzles are supplied by [sudoku-puzzles.net](http://sudoku-puzzles.net)  
For more free brain teasers including Futoshiki, Nonogram and Samurai, go to the website

TERMS AND CONDITIONS: Astrology calls cost 75p per minute and last approx 4mins. Psychic calls cost £1.50 per minute from BT landlines (other networks may vary). Calls from mobiles may be higher. Psychic lines are open 7am-2am daily. Callers must be 18 or over and have the bill payer's permission. All calls are recorded. Texts cost £1.50 per message and may take two messages. For entertainment purposes only. Customer services 0800 140 9049. PhonePayPlus regulated. SP, Pronto Media, PO Box 199, Selby, YO8 1BP



## Sport

THE FANS'  
ROAR

By Ian Toal

Our defence must be  
Lomas' biggest worry

It was another draw for the Lions after a decent performance against league leaders Burnley last Saturday.

We would have happily taken a draw before the match, but after leading 2-0, it was disappointing not to come away with the win we craved.

The last three games since the international break – at home to QPR, away to Reading and at home to Burnley – were really tough matches.

A return of three points from these games is a step in the right direction following the two heavy defeats to Birmingham and Bournemouth. No matches are easy in this division, but we now need to turn these encouraging hard-fought draws into victories to move us up the table.

“

It seems the opposition might score at any minute on the attack

Our defending must be the main concern for manager Steve Lomas at the minute. We are conceding too many goals and it seems the opposition might score at any minute on the attack.

To add to Lomas' problems, we lost left-back Scott Malone to a knee injury just six minutes into the Burnley match.

Shane Lowry came off the bench for his first appearance since mid-September and his day wasn't the best as he put through his own net for the Burnley equaliser.

Malone had a scan on Monday and, although it's too early to set a target return date, there was good news that there was no ligament or cartilage damage in his knee.



Justin Hoyte has joined the Lions

Despite that comfort, the fact he got injured at all is a real shame for the young defender as he had just put in a couple of man-of-the-match performances.

With the upturn in our form, a few Lions players are starting to show what they can do. Striker Scott McDonald is now displaying the class he possesses. Despite being small, he is able to play the lone striker role, especially if he gets some good service from two other attacking midfielders.

After a slow start to his Millwall career, Martyn Woolford is now showing why Kenny Jackett signed him in the January transfer window.

With the formation Lomas has employed recently, Liam Trotter has been given more freedom to attack and hurt the opposition. Hopefully a few of the other players, especially the defenders, will start to find form.

One player who will have the chance to do that is Middlesbrough right-back Justin Hoyte who, after training with the Lions on Monday, has joined the side on an emergency loan.

Bolton v Millwall, Sat, 3pm.

WEEKEND  
FLUTTERWITH THE  
RACING POST

## RACING

■ It's a cracking looking card at Wincanton on Saturday, with the Grade 2 Elite Hurdle taking centre stage.

With the rains on their way, the Jeremy Scott trained **Melodic Rendezvous** looks to have solid claims.

Rated 150, the gelding had a splendid campaign last season landing Grade 1 honours, before a small injury forced him to miss the Cheltenham Festival.

He can get back on track here, so back him to win.

Ed Quigley

For daily expert advice, top tips and the latest news from our experts go to [racingpost.com](http://racingpost.com)

## FOOTBALL

■ **Manchester United** have been quietly climbing the table in recent weeks and can launch themselves back into the title race by beating Arsenal at Old Trafford.

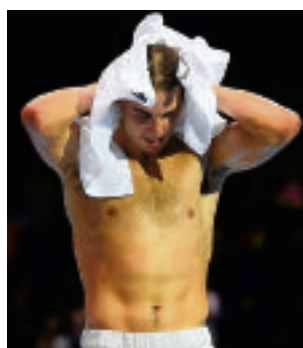
Key men Wayne Rooney and Robin van Persie are playing close to their peak at the moment.

These two huge talents are likely to combine and expose the Gunners' back-line, which has been relatively untested over the course of the season.

Dan Childs



Above, a rangy Novak Djokovic eases past Roger Federer. Below left, Rafa Nadal towels off after a job well done. Below right, Stanislas Wawrinka focuses on his way to an unexpected victory against Tomas Berdych

Masters throw up  
few early surprises

## TENNIS

Stars perform in line with form book for early rounds of World Tour Finals

Rob.Virtue  
@wharf.co.uk

The ATP World Tour Finals at The O2 began this week with results following the form guide in the round robin section. The world's top two players – Rafa Nadal and Novak Djokovic – saw off David Ferrer and Roger Federer, respectively.

While Nadal won in straight sets, Federer put up more of a fight, winning the second against Djokovic before succumbing to the Serbian 6-2.

That followed opening games which saw Juan Martin Del Potro overcome



Brush off: Roger Federer in action at The O2 in North Greenwich

Richard Gasquet and, in the surprise of the tournament so far, sixth in the world Tomas Berdych lost in three sets to Stanislas Wawrinka.

Yesterday, Wawrinka was due to go into battle with Nadal while Ferrer, who came runner-up to Djokovic in the BNP Paribas Classic in Paris on Sunday, will take on Berdych.

Thursday night's match-ups see Federer play Gasquet and Djokovic line-up against Del Potro.

Meanwhile, in the doubles, top seed Bob Bryan and Mike Bryan lost in three sets to Ivan Dodig and Marcelo Melo. The tournament runs until Monday when the finals will be played out.

For tickets go to [theo2.co.uk](http://theo2.co.uk).



# Defensive fortress still impregnable

## CHARLTON

**Rob.Virtue**  
@wharf.co.uk

THE Addicks are finding goals hard to come by but when you haven't conceded in seven hours of football it's hard to complain.

A 1-0 win at Birmingham City last weekend meant it was eight points gained in the last four matches, with the side getting back to back away wins following the previous victory against Blackburn a fortnight before.

And captain Johnnie Jackson is refusing to get too concerned about the strikers' drought.

"People have spoken about the lack of goals but against Birmingham we could've easily had three or four," said Jackson who returned to the starting line-up last weekend following injury.

"We feel that goals are coming but if we win 1-0 every week, then we'll take that too.

"Once you've got that solid defensive stability, it gives you something to build on.

"To go seven hours without conceding is fantastic and there are not many sides who



Charlton captain Johnnie Jackson, left, seen here in action last month, has praised his side's ongoing defensive prowess

are going to do that, even at the top of the table. It gives us a great chance to put together a run of consistency, which is the key in this league.

"Back-to-back wins is our next target, so hopefully we can win at home next week and see where that takes us."

The Addicks face Leeds

United at The Valley on Saturday and will be hoping Yann Kermorgant is back to boost their attacking threat.

Defender Richard Wood should also be available following injury but Leon Cort and Chris Solly are still out.

Charlton v Leeds United, Sat, 3pm.

## Spread of tries delivers the win

**RUGBY** Blackheath saw off newly promoted Hull Ionians 32-16 at Rectory Field.

The south-east Londoners successes in the scrum last weekend gave them the edge and four tries from Jack Walsh, Dave Allen, Geoff Griffiths and Ben Summers on his debut gave them the victory.

On Saturday, Blackheath travel to the Forest of Dean to take on Cinderford. Kick-off is 2.30pm.



Debut try: Geoff Griffiths

## Lions tamed by the Sharks' bite

**BASKETBALL** The London Lions had a woeful time in the BBL Cup after going down 90-63 on Friday.

The Sheffield Sharks proved unstoppable dominating at both ends of the court. Scenting blood, it was the successful execution of 32 free throws that spelled defeat for the east Londoners.

The Lions travel to Birmingham Knights on Saturday.

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## the Wharf LEAGUE

### RESULTS

#### DIVISION ONE

Camden Pathway FC ●	7
Docklands Saints	5
Landas Pandas	6
Carlos Has The Eyes	7
Abou	2
Cavendish Allstars	3
Bayer Neverlusen	6
Athletic Pasty	14

#### DIVISION TWO

Pavilion Casuals ●	21
Jubilee Utd	8
PCFC	7
We Got No Fans	7
Bathalona AFC	10
The Incredibles	10
The Wharf FC	14
Le Coc FC	10

#### DIVISION THREE

Centrepont	4
Syniverse	3
Mentor	8
Efan Ekoku's Elite	8
Newport Dodgers	8
FC Hangover ●	13
ISS Tigers	3
Wide FC	6

Last games on October 23.  
● = Current league leaders.  
The Wharf League is played at  
Powerleague in Crossharbour.  
Go to powerleague.co.uk.

## Lack of goals is a dominant theme

### WEST HAM



Sam Allardyce reacts to a missed chance for the Irons

JERMAIN Defoe revealed this week that his move from West Ham – "the club I was in love with" – to Spurs in 2004 was a "massive mistake".

If this was a barely-concealed "come get me in January" invitation from the out-of-favour striker to Sam Allardyce, then it will be received gratefully.

For West Ham's failure to score is inching from a momentary blip to the theme of the season. Saturday's 0-0 draw set the seal on the notion that Hammers can't get a goal but can defend, a perilous situation that leaves them only two points above the relegation zone.

Demba Ba has re-emerged as a loan prospect with the news that Andy Carroll is likely to miss half the season with his foot injury.

Allardyce said: "I tried to buy another striker before we started the season but we didn't have enough money at the time. We tried to get loan strikers in but failed.

"We will have to try again depending how Carlton Cole and Mladen Petric go before February. If they come good and Andy gets back there'll be no need."

**Giles Broadbent**

West Ham v Norwich, Sat, 3pm.



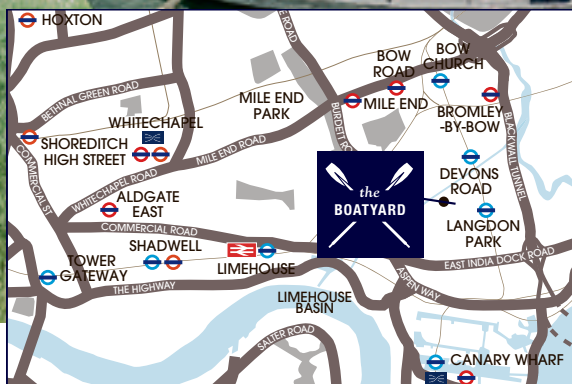
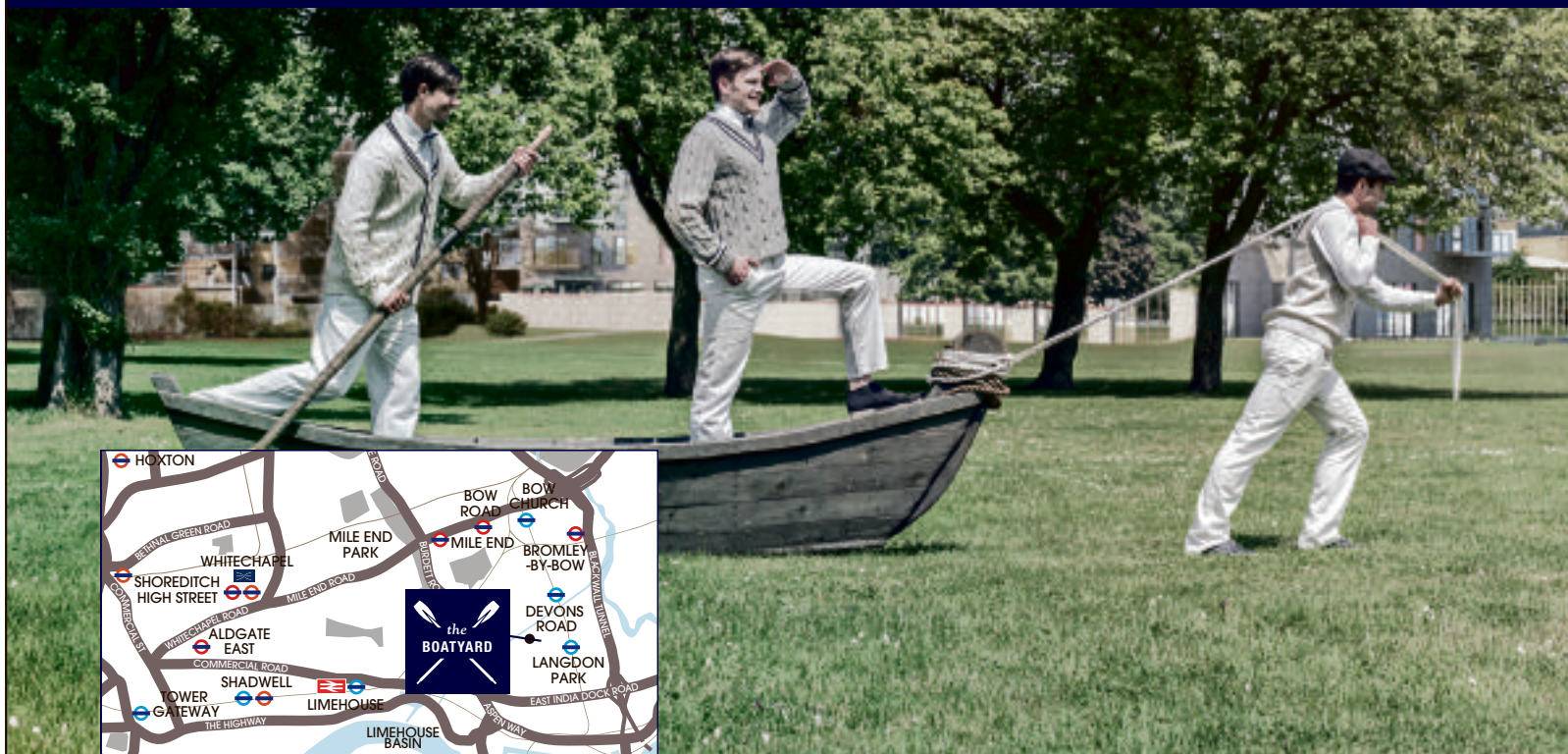


Limehouse, London E14

# WATER — meets — PARKSIDE

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\*Prices correct at time of going to press. Map not to scale.

  
**telfordhomes**



# PROPERTY

Wharf

Canary Wharf's leading property guide



The men of Rubicon are growing facial hair

P15

Give your home an autumnal stag do

P16-17

# 3

of the best properties available in London

P14



## Studios will help ease London housing woe

Developer says Blackheath homes are blueprint for solution [Page 14](#)

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AND PARTNERS

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# PROPERTY

## 3 OF THE BEST

### Splash out



**Guide: £1,200,000**

Richmond Road, E8

A three-bedroom Victorian terraced house close to London Fields station. Retains many period features.

stirlingackroyd.com

### Spend more



**Guide: £320,000**

Greatorex Street, E1

A stylish apartment on the fifth (top) floor of this recently completed development. Boasts one bedroom.

stirlingackroyd.com

### Spend less



**Guide: £250,000**

Conrad House, E8

A top floor one-bed, one-bath flat in the German Hospital development. Close to Hackney Downs station.

stirlingackroyd.com



For more properties on sale now in London, go to [stirlingackroyd.com](http://stirlingackroyd.com)

## Developer is targeting the first-time buyers

SHARED ownership in Southwark could offer a way of getting onto the first rung of London's property ladder.

Family Mosaic's flagship Park View development – offering 42 such properties in a Zone Two regeneration hotspot – is targeting young professionals and families with its affordable option.

Prices start at £59,000 for a 30% share of a range of new homes, which include two and three-bedroom maisonettes and one, two and three-bedroom apartments.

Lauren Nicholson, head of marketing at Family Mosaic, said:

"With the average London property now costing £385,799, the new homes at Park View give buyers an affordable way to buy.

"Situated in Zone Two on the Old Kent Road, residents have a host of cultural hotspots on their doorstep, as well as excellent transport links to the City, making this development such an exciting opportunity for buyers."

Buyers opting to make Park View their new base will benefit from private balconies or winter gardens and a communal roof garden but,

**30%**

Share will cost you £59k at Park View scheme

should they crave more scope to explore green space, the homes are on the doorstep of the recently-revived Burgess Park.

The new pedestrianised town centre, cultural and leisure facilities in Elephant and Castle are within walking distance while quirky bars, eateries and cinemas in Peckham Village and Bermondsey are also close by.

Call 020 7089 1315 or go to [parksideliving.co.uk](http://parksideliving.co.uk) for more details.

Beth Allcock



Park View off the Old Kent Road

## Highbeam: Luxury and location all sewn up

Beth Allcock  
@wharf.co.uk

A collection of apartments that combine a rural, leafy location with easy commuting to the Wharf has been launched.

Buyers can choose from 14 luxury properties at Galliard Homes' new development, Highbeam House, in Woodford Green.

Inside the building's white render and brick facade, a total of eight two-bedroom apartments are arranged at ground floor level, each opening onto a private terrace.

A further six large two and three-bedroom duplex properties can be found on the first and second floors overlooking the development's landscaped gardens.

David Galman, sales director at Galliard Homes, said: "Highbeam has been designed to provide low maintenance luxury homes ideal for executives wanting to commute into Canary Wharf."

"This is one of the most luxurious apartment schemes we have launched in the region and potential purchasers can visit the dressed show-apartment and landscaped gardens to experience the quality of the development."



An artist's impressions of how Highbeam House in Woodford Green will look when completed

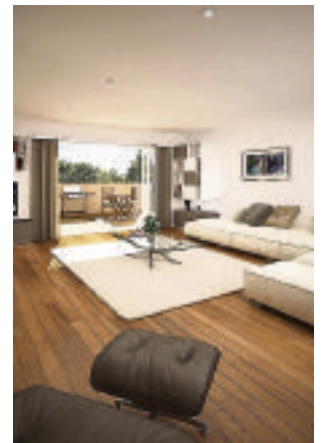
The development takes its place among large family homes and low-rise apartments in an area close to Epping Forest and Roding Valley.

Master bedrooms feature en suite bathrooms and walk-in dressing areas with built-in wardrobes, an integrated ceiling sound and entertainment system in principal rooms and comfort cooling in reception rooms and bedrooms.

Kitchens – either separate or open plan – boast white, high gloss units, stone worktops and integrated Smeg appliances while French doors open out onto large private balconies or terraces.

Apartments are priced from £499,000.

Go to [galliardhomes.com](http://galliardhomes.com) for more information.



## Galliard offers pads for first-time buyers

GALLIARD Homes has launched a scheme at the heart of Blackheath.

Falconwood Court comprises 63 studio suites priced at £295,000, as well as a pair of two-bedroom apartments, all in the gated scheme in the village.

Galliard said the development was intended as homes for Londoners and was promoting the properties in the capital ahead of any overseas marketing.

Stephen Conway, chairman and chief executive officer of Galliard, said: "Falconwood is perfect for first-time buyers."

"We have chosen to release the homes to the London market first,

### Why release them to London buyers first?

"The studios provide a blueprint for meeting much needed low-cost housing across the capital."

and we believe they will sell very rapidly and we will not need to market them overseas.

"The one-bed studios provide a blueprint for meeting much needed low-cost, space efficient housing provision across the capital."



A typical Falconwood interior

"They could be easily introduced into refurbished or new build developments. More projects like this are needed across London."

Falconwood also includes landscaped gardens and secure parking bays.

David Galman, sales director at Galliard, said: "Blackheath is one of London's most sought after villages, where the demand for homes outstrips supply. These pads are perfect for young Londoners wanting to get a foot on the housing ladder."

The apartments are now available for viewing.

Go to [galliardhomes.com](http://galliardhomes.com).

Rob Virtue



# New chapter as Selby sells up

**Rob.Virtue**  
@wharf.co.uk

After nearly 40 years operating in the east London residential property market, Alan Selby and Partners has been sold.

The group, based in Westferry Road on the Isle of Dogs, has been acquired by international firm CBRE Group, it was announced on Monday.

The company started by Alan Selby in 1974 has worked on more than 70 large development schemes, including Pan Peninsula, New Providence Wharf and

Baltimore Wharf. It also recently marketed apartments at The Heron in The City.

Mr Selby said: "We are very proud of our achievements and our journey as a business over the years.

"We have put our clients first at every step along the way and believe that by becoming part of CBRE we can unite our capabilities and reputation in the London market with its global brand and worldwide network.

"This will enable us to provide the best possible service for clients seeking to take advantage of



Alan Selby won this year's Special Recognition Award at The Wharf Property Awards in April

opportunities in the central London market."

Ciaran Bird, CBRE's UK managing director, said: "This acquisition highlights CBRE's continued appetite to invest in our prime residential business as we further build a leadership position in one of the world's most sought after real estate markets.

"We would like to welcome Alan Selby and his team to CBRE. Their significant experience, reputation and established business platform will strengthen our residential service offering in London for the benefit of our clients globally."

# Agents embark on a month of moustaches



Left to right, Rubicon's Paul Kirby, Antony Botta, Neil Parlour and Jason Fox pose (mostly) clean shaven outside their offices at the start of Movember

The men of Rubicon have decided to put aside fears of ridicule – and their razors

**Beth.Allcock**  
@wharf.co.uk

For this group of east London estate agents, the clean-shaven look is so last month. So if you're stepping into Limehouse-based Rubicon this November, expect plentiful upper lip action at various stages of development on the faces of its five-

strong male team. The group, led by office manager Paul Kirby, has opted to take part in Movember for its latest charity challenge, on the back of a successful dry month for OctSober.

This time around, Paul and colleagues Neil Parlour, Antony Botta, Jason Fox and Joseph Liatley are raising awareness of male prostate and testicular cancers as their associated charities.

"They did take a bit of persuading," said 30-year-old Paul, who normally shaves every day.

"But testicular cancer affects one in three men and it's the fact there are five of us in this office – everyone has to be aware of it.

"The Breast Cancer campaign has been going for so many years with

## Why are you taking part in Movember?

"To raise awareness of men's health and to do something that will be for others to come and laugh at us."

the fun runs and pink ribbons and the more men that decide to talk about it and do things like this, the better.

"It's the first time we've done Movember here – I've had a few friends do it in the past but now as an office, we are trying to do something a bit different for charities.

"Movember seemed a great opportunity to raise awareness for men's

health and to do something that will allow others to come and laugh at us."

The group will now embark on four weeks without their daily shave.

Tending to beards is allowed, said Paul, although the moustache area has to remain untouched until December 1. He said they may initially keep quiet about their moustache mission on client appointments, just to gauge reactions.

"It will be a big challenge but it's something different – and if you can't laugh at yourself, you're in the wrong industry," he said.

The team has raised £200 so far and is striving for £1,000.

Go to [rubiconestates.co.uk](http://rubiconestates.co.uk) for contact details to pledge donations or for local property details.



By Dawn Sandoval

## Sort out the smell as soon as possible

My tenants have been complaining for a while now that there is a foul smell coming from the drainage hole in the bath. I immediately sent a contractor to check the situation out only to be told that there was no sign of a blockage or a foul smell when they attended. I am wondering legally what my liability is as a landlord given it is just an intermittent smell with no blockages or disruption to the tenants otherwise?

I can see your point as the tenants are not without hot water or heating or experiencing any type of inconvenience or discomfort other than an intermittent smell.

However, Paim Smith Solicitors the legal adviser for the Association of Residential



Down the drain: Cash spent on a contractor to investigate the smell

Lettings Agents, say that an issue like this falls under statutory repairing obligations and if the tenant feels you are not doing enough to resolve the problem they could call in the council.

Officers would be likely to serve an order requiring you to do something to resolve the issue and, on the back of that, may enforce other repairs as well.

I would arrange for a contractor to attend as soon as possible and ask them to investigate further or maybe speak to the building manager to see if they can throw any light on the issue.

Either way this is a real issue and the tenants have a right to insist it is attended to.

Better to get this resolved now while the property is occupied than have your tenants serve notice and then have a prolonged void period while the smell puts viewers off.

Sometimes it's better to swallow smaller costs than risk larger ones.

Dawn Sandoval MNAEA is an independent property consultant working in the Canary Wharf area – call 020 7093 1702. Every effort is made to ensure the accuracy of comments given. Individual cases must be studied by a solicitor. Email questions to [newsdesk@wharf.co.uk](mailto:newsdesk@wharf.co.uk).





Leaf print  
cushion, £7  
**Asda**  
asda.com



Pheasant  
cushion, £14  
**Next**  
next.co.uk



Modern white  
round antler  
table, £495  
**Alexander  
and Pearl**  
alexanderandpearl.co.uk

Woodland pheasant  
plate, £18.50, side  
plate, £15, soup  
plate, £18.50  
**Spode**  
spode.co.uk

# Woodland TOUCHES





Stag sticker  
in grey, £9.95  
**Cuckooland**  
cuckooland.com

Stag print wallpaper in  
teal by Lisa Bliss,  
£125 per roll  
**Graduate  
Collection**  
graduatecollection.co.uk



Barletta medium  
sofa, from £909.30,  
applique stag  
cushion, £28,  
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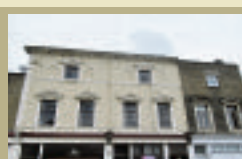
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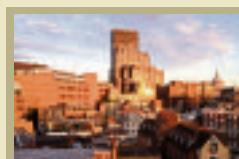
**Windmill Lane, Stratford**

Two bedroom first floor apartment, Furnished Off street Parking Short distance from Stratford station  
**Available Now £315 p/w**



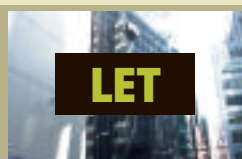
**Manorfields, Putney (Balliol)**

Spacious three bedroom apartment, Unfurnished Recently refurbished Allocated parking  
**Available Now £625 p/w**



**Long Lane, London**

One bedroom apartment, furnished Centrally located Walking distance to tube station  
**Available end of November £395 p/w**



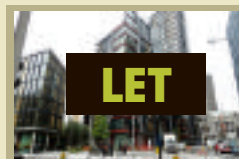
**The Heron, Moorgate**

Studio Apartment, Furnished 24 Hour Concierge Use of communal gym, cinema, bar and terrace Close to Moorgate Tube Station



**Wick Lane, Old Ford**

Modern two bedroom apartment, Furnished Balcony overlooking Olympic stadium Concierge service available Allocated parking



**Sumner Street, London**

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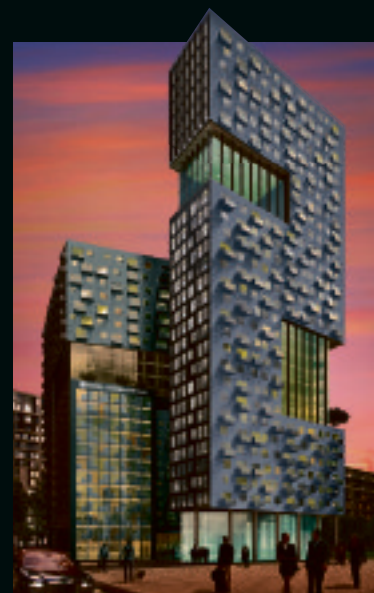
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† Parking at additional cost.



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## Lanterns Court · Denison House · E14

1 bedroom, 1 bathroom apartment | Available November | Fully Furnished | 24 hour Concierge | Onsite Gymnasium

£ 360 p/w



## Lanterns Court · Cobalt Point · E14

1 bedroom, 1 bathroom apartment | Available November | Onsite Gymnasium | Close to South Quay DLR | Secure underground parking

£ 370 p/w



## Lanterns Court · Denison House · E14

Life Residential is pleased to present this immaculate apartment within the Lanterns Court development situated 2 minutes from South Quay DLR. This near new property is offered in fantastic condition and includes high quality fixtures and fittings throughout that would suit both first time buyers or investors.

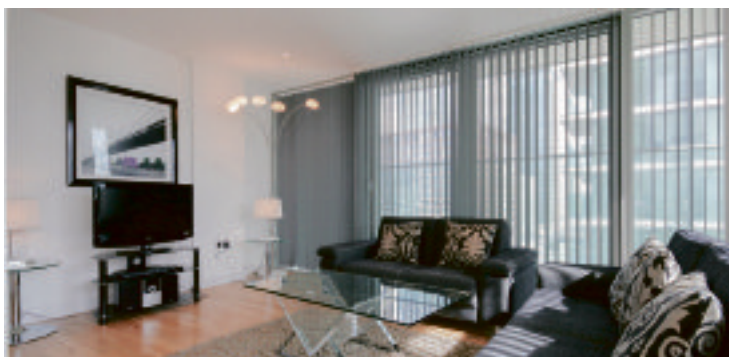
Asking Price £ 345,000



## Lanterns Court · Denison House · E14

Life is pleased to present this 925 sq/ft (85.93 sq/m) bright and airy 3 double bedroom apartment. Located on the 6th floor of Denison House within the Lantern's Court development which is located 2 minutes walk to South Quay DLR, in the heart of canary Wharf. The accommodation comprises 3 bedroom and 2 bathrooms.

Asking Price £ 600,000.



## Landmark · West Tower · E14

2 bedroom, 2 bathroom apartment | Available early November 2013 | Close to Heron Quay DLR | Fully furnished | Corner aspect apartment with generous balcony

£485 p/w



## Lanterns Court · Cobalt Point · E14

2 bedroom, 2 bathroom apartment | Available early November 2013 | Close to South Quay DLR | Fully furnished | Allocated underground parking space included

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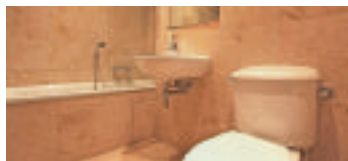
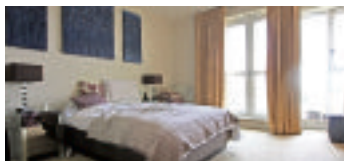


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- \* Situated on the fifth floor
- \* One car parking space
- \* Canary Wharf Tube & DLR are near by



**PORT EAST APARTMENTS, 12  
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- Luxury one bedroom apartment
- Panoramic views of Canary Wharf
- Full time concierge service
- Available 18th November 2013



**GIRAUD STREET, CORDELIA  
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- Three bedroom furnished house
- Good sized garden
- Two car parking spaces
- Available now



**ISLAND ROW, COMMERCIAL  
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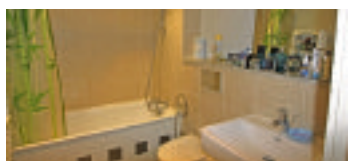
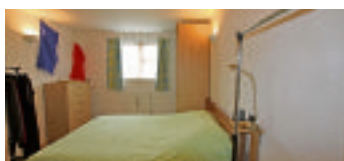
- Spacious one bedroom apartment
- Marina views via Bedroom
- Situated on the fourth floor
- Secure car parking space



**POPLAR HIGH STREET,  
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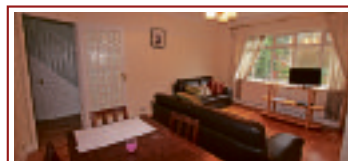
**MAURER COURT,  
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- Beautiful Three Double Bedroom River View Flat
- Direct river facing circa. 1,200 sq. ft Car parking space
- Unfurnished
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**COTTERELL COURT,  
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- Modern and light 3 bedroom house
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- Rear private patio & garden
- Communal private garden and parking



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- Separate kitchen opening out into the rear garden
- Good sized attic for storage and a garage
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### Silks Court, E11

- A two bedroom apartment on the top floor in this development
- Furnished with fitted kitchen & allocated parking
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- A two bedroom apartment on the first floor
- Fully fitted kitchen, GCH & secure parking
- Closed to Island Garden DLR & local amenities

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### Sapphire Court, E1

- A one bed apartment on the raise ground floor
- Fully fitted kitchen, GCH, communal garden & secure parking
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### Baltimore Wharf, E14

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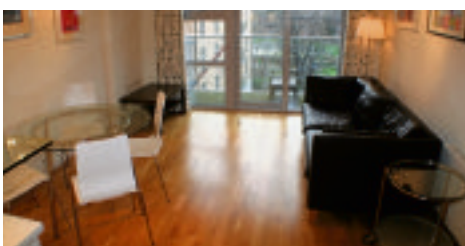


### Bridges Wharf, SW11

- A selection of furnished one / work and live unit apartments
- Fully fitted high spec kitchens, wood flooring to the reception room & hallway, balcony with river view, 24 hours concierge & underground parking
- Easy access to Sloane Square & Kings Rd

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### Ivory Court, Queen Mary's Gate E18

- Top floor 2 Bed 2 Baths apartment with private balcony
- Fully fitted open-planned kitchen with modern appliances, wood flooring throughout living area, 24 hrs concierge & underground parking
- Close to South Woodford Station

£330 p/w

Call 020 7510 1050

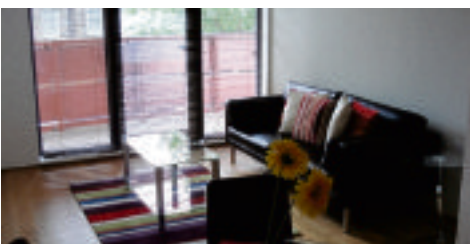


### Dunbar Wharf, E14

- A one bed apartment on the 2nd floor of this riverside development
- Fully fitted kitchen, wooden flooring throughout, secure parking & leisure facilities with porter
- Close to Westferry DLR

£350 p/w

Call 020 7510 1050

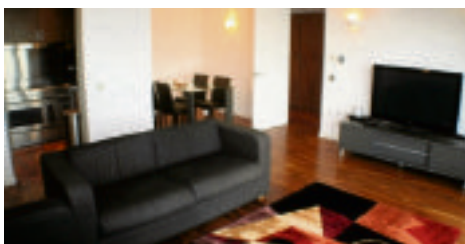


### Ink Building, W10

- A furnished two beds/ two baths apartment
- Wood laminate flooring throughout living area, modern fully fitted kitchen, 24hrs concierge & secure parking
- Closed to Ladbroke Grove Station

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### New Providence Wharf, E14

- A two beds/ two baths apartment on the 9th floor with direct Thames river view
- American walnut wood strip flooring to hall & living area, fully fitted kitchen with 24 hrs concierge
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**Aqua Vista, E3**

**£210,000 L/H**

- Studio apartment
- Investment opportunity
- 8th floor, 332 sqft
- Concierge service

EPC - C



**Matchmakers Wharf, E9**

**£265,000 L/H**

- One bedroom
- 10th floor, 527 sqft
- Balcony, river views
- Concierge & gym

EPC - B



**Aqua Vista, E3**

**£285,000 L/H**

- Investment opportunity
- One bedroom
- Canal Views
- Luxury development

EPC - C



**Baltimore Tower, E14**

**£335,000 L/H**

- Studio Suite
- 11th floor, 366sqft
- Completion expected 2017
- Lease reassignment

EPC - TBC



**Landmark East, E14**

**£475,000 L/H**

- One bed west facing
- 29th floor, 548sqft
- 24hr Concierge & gym
- Heron Quays DLR

EPC - B



**Landmark East, E14**

**£720,000 L/H**

- Two bed, two bath
- 38th floor, 839sqft
- Allocated Parking
- 24hr concierge & gym

EPC - B



**Old Sun Wharf, E14**

**£725,000 SoF**

- Two bed, two bath
- Direct river views
- Duplex with Separate Kitchen
- Secure Parking & Day Time Porter

EPC - C

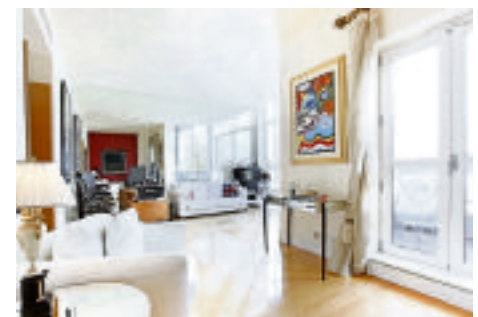


**Discovery Dock West, E14**

**£749,000 L/H**

- Immaculate two bed, two bath
- Stunning Dual Aspect Views
- Secure Underground Parking
- Circa 900 sqft plus large balcony

EPC - C



**Canary Riverside, E14**

**£975,000 L/H**

- Two bed, two bath
- Waterfront apartment
- Exceptional specification
- Allocated Parking
- 24hr Concierge

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- Langdons Park DLR

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New Festival Qtr, E14

£375pw

- Two Bed, Two Bath
- Two Balconies
- Gym and Concierge
- Langdon Park DLR

EPC - B



Boatyard Apartments, E14

£395pw

- Two bed, two bath
- Three balconies
- River Views
- Secure parking

EPC - B



Landmark East, E14

£415pw

- One Bedroom
- 12th floor, east facing
- 24hr concierge & gym
- Heron Quays DLR

EPC - B



Watergardens Square, SE16

£460pw

- Two bed, two bath
- Balcony
- Secure parking
- Canada Water Jubilee Line

EPC - C



Landmark West, E14

£570pw

- Two bed, two bath
- 25th floor
- 24hr Concierge & gym
- Heron Quays DLR

EPC - B



Baltimore Wharf

£595pw

- Two bed, two bath
- 3rd floor, 829sqft
- Balcony
- Crossharbour DLR

EPC - B



Canary Riverside

£630pw

- Two bed, two bath
- Residents parking
- 24hr Concierge
- Westferry DLR

EPC - B



Landmark East, E14

£600pw

- Two bed, two bath
- 40th floor, east facing
- 24hr concierge & gym
- Luxury development

EPC - B



**Docklands office**

429 Westferry Road, London E14 3AN

e docklands@hollandproperties.co.uk

t 020 7538 5554

**Surrey Quays office**

192 Lower Road, Surrey Quays, London SE16 2UN

e surreyquays@hollandproperties.co.uk

t 020 7231 8160

**Van Gogh Court, London, E14 3UY****£300 per week**

Spacious one bedroom apartment. Recently refurbished to high standard, laminate wood flooring. Newly fitted kitchen. All primary rooms face the river and large balcony off the reception. Bedroom with fitted wardrobes. Available furnished or unfurnished. Off street parking and within easy walking distance to Crossharbour DLR station and amenities.

**Burrells Wharf, Docklands, E14 3TW****£365 per week**

Spacious two bed two bath apartment in sought after development. Two large balconies with superb river views. Secure parking, 24 hour concierge, access to leisure facilities and within walking distance to Mudchute DLR station. Offered unfurnished, available 3rd November

**Amsterdam Road, London, E14 3UY****£365 per week**

A bright and spacious two bedroom apartment available furnished in this riverside development. The property features spacious reception with large separate kitchen, modern bathroom, laminate wood flooring, great storage Gas central heating and off street parking.

**Gaverick Mews, London, E14 3AL****£580 per week**

Located in Gaverick Mews is this lovely Townhouse. The property offers 4 bedrooms, 3 bathrooms, private terrace, fully fitted kitchen, 24 hour concierge, secure car park and access to gym.

**Fairmont Avenue, Canary Wharf, E14 9PJ****£335 per week**

This stunning studio apartment includes a large balcony with direct views over the river and the O2 dome. Situated on the 11th floor with floor to ceiling windows. Fully furnished with water included in the rent. Amazing apartment; limestone bathroom, granite kitchen, gym, swimming pool and a 24 hr concierge. Parking can also be arranged at an extra cost.

**Marsh Wall, London, E14 9FY****£1,250 per week**

A stunning three bedroom penthouse apartment located in the heart of vibrant Canary Wharf within the eye-catching Landmark development. Stunning river and waterside views over Canary Wharf and The City. The development itself features 24 concierge, and residents' private gym.

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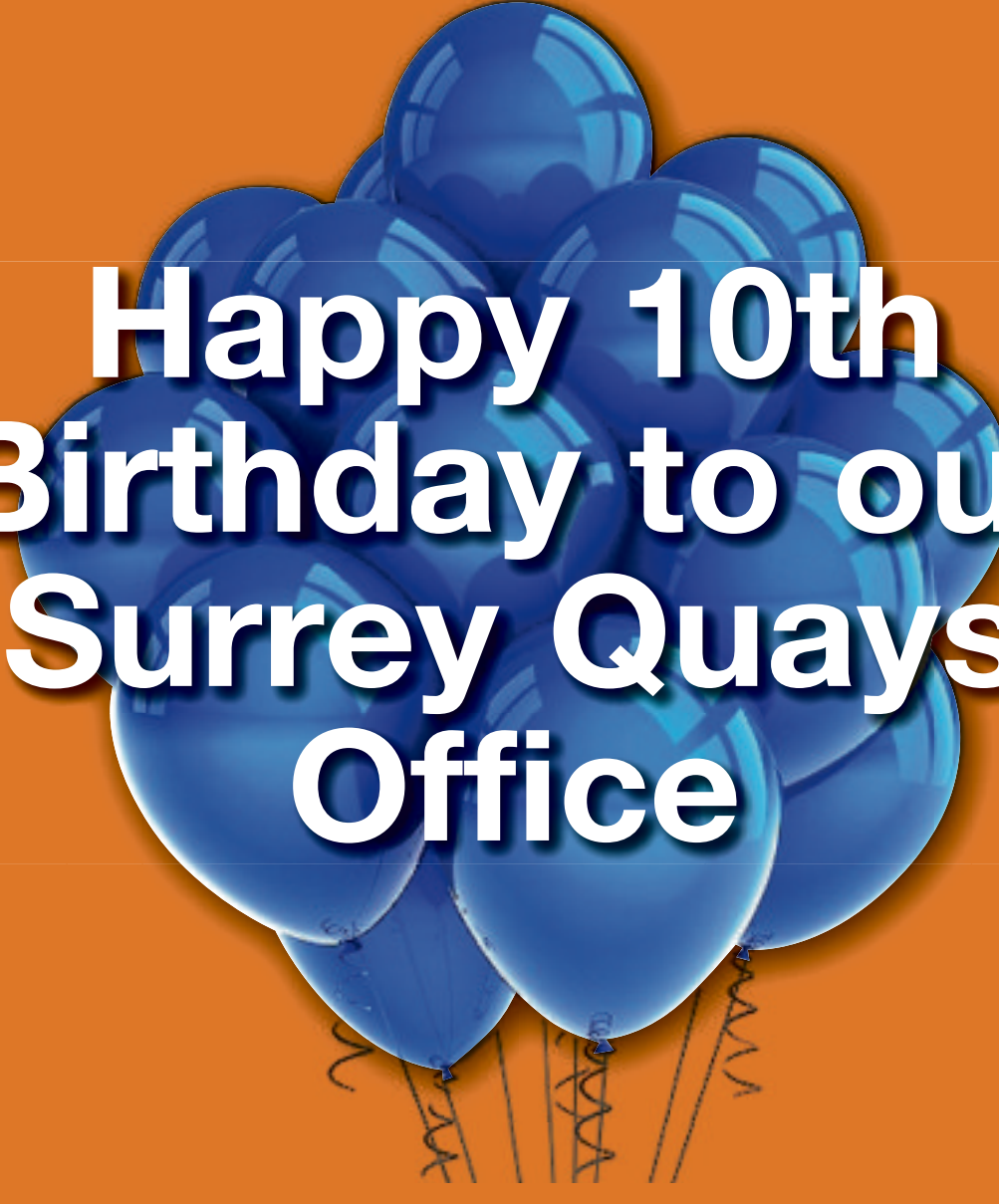
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**Surrey Quays office**

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e surreyquays@hollandproperties.co.uk

t 020 7231 8160

A large, stylized cluster of blue balloons is positioned in the center of the page. The balloons are rendered with a glossy, 3D effect, showing highlights and shadows. They are tied together with black strings that hang down from the bottom. The text 'Happy 10th Birthday to our Surrey Quays Office' is superimposed over the balloons in a large, white, bold, sans-serif font.

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- Chain free



## New Atlas Wharf, E14

- £1,200,000
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- Sub penthouse
- Balcony & Large Terrace
- 1550 sqft
- Fabulous views of the London Skyline



## Indecon Square, E14

- £249,995
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- 24hr concierge
- Ideal location
- Large terrace
- Chain free



## Arden Crescent, E14

- £424,995
- Two bedroom apartment
- Share of freehold
- Parking
- Views over Millwall Dock
- Open plan kitchen/lounge



## Aegon House, E14

- £369,995
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- Sixth floor
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- Secure parking
- Chain free



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## Seacon Tower, E14

- £440 Per Week
- Two Bedroom Apartment
- River Views
- Balcony
- Fully Furnished
- Available Now



EPC  
Rating:  
C

## Ability Place, E14

- £495 Per Week
- Two Bedrooms
- Huge Balcony
- 24 Hour Concierge
- Leisure Facilities
- Available Now



EPC  
Rating:  
C

## The Heron, EC2

- One Bedroom
- Roof-top Garden
- 24 Hour Concierge
- East Facing Views
- Available Now
- Private screening room



## Ferguson Close, E14

- £310 Per Week
- Two Bedroom
- River Views
- Fully Furnished
- Parking Available
- Available Now



EPC  
Rating:  
C

## Lovegrove Walk, E14

- Spacious two bedroom apartment
- Second floor
- Separate fitted kitchen
- Fully furnished
- Balcony with direct dock views
- Available Now

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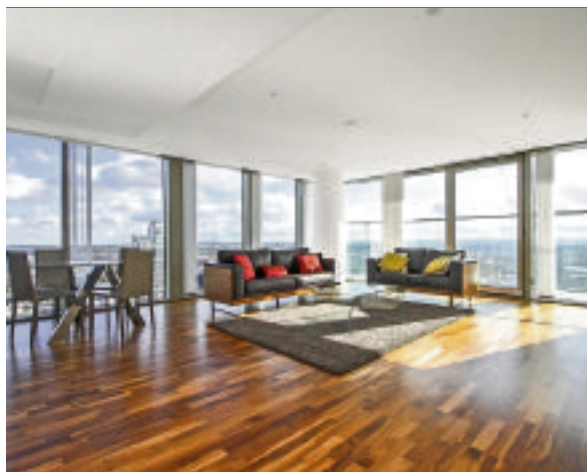




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*Felicity J. Lord*



## THE LANDMARK BUILDING, E14, £1200pw

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CANARY WHARF  
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Ref: FJL001  
EPC - B



CASSILIS ROAD, E14, £350pw  
Stylish two bedroom apartment located in South Quay. Offered furnished to a high standard throughout with a luxury open plan kitchen. Spacious lounge with wood floors and floor to ceiling windows. The property benefits from secure entry.

CANARY WHARF 020 7093 1600  
Ref: FJL002 | EPC - C



FALCON WAY, E14, £320pw  
Lovely one bedroom apartment with dock views, an oasis within the hustle and bustle of city life. Offered stylishly furnished with private balcony from the lounge and open plan modern kitchen well equipped. The development also offers off street parking.

CANARY WHARF 020 7093 1600  
Ref: FJL003 | EPC - C



MILLENNIUM DRIVE, E14, £420pw  
Stunning and spacious two bedroom riverside unfurnished apartment with a large entrance hall leading into huge living area with direct river views and private balcony. Bright and airy throughout, including secure parking and concierge.

CANARY WHARF 020 7093 1600  
Ref: FJL004 | EPC - B



## INDESCON SQUARE, E14, £300pw

Wonderful studio suite in sought after development in South Quay. Bright and airy throughout with wood floors. Modern kitchen and bathroom suite and lots of storage. Exquisitely furnished throughout. Secure development with concierge. A short walk to South Quay DLR and Canary Wharf. Perfect for the city professional.

CANARY WHARF  
020 7093 1600  
Ref: FJL005 | EPC - B



ANCHORAGE POINT, E14, £500pw  
Stylish and chic two bedroom luxury apartment exquisite throughout. Offered fully furnished with dual aspect spacious open plan living area boasting two balconies with direct river views. Benefits from 24hr concierge and leisure facilities.

CANARY WHARF 020 7093 1600  
Ref: FJL007 | EPC - D

## FELIXSTOWE COURT, E16, £240pw

Fantastic two double bedroom apartment in the sought after Galleons Point development. Offered fully furnished with spacious lounge with wood floors. Unusually large master bedroom. Modern bathroom and luxury en suite. Off-street parking. The property is walking distance for the DLR and well located for London City airport.

CANARY WHARF  
020 7093 1600  
Ref: FJL008 | EPC - C



PAN PENINSULA, E14, £430pw  
Magnificent one bedroom apartment with scenic views from the 27th floor, west facing balcony is perfect for those warm summer evenings. The development is complete with access to gym, pool, private cinema, restaurant, sky bar and a 24hr concierge service.

CANARY WHARF 020 7093 1600  
Ref: FJL009 | EPC - B



REMBRANDT CLOSE, E14, £340pw  
Fabulous two double bedroom two bathroom duplex apartment close to Canary Wharf. Offered fully furnished with wood floors, luxury fitted kitchen, bright and airy with private balcony and superb views of the river. Private development with parking for two cars.

CANARY WHARF 020 7093 1600  
Ref: FJL010 | EPC - C

WE KNOW WHY PEOPLE LOVE LIVING IN CANARY WHARF  
GREAT PLACES TO EAT AND DRINK, A MOMENT'S COMMUTE TO ONE OF  
WORLD'S FINANCIAL POWERHOUSES, A FRESH BREEZE FROM THE RIVER  
AND APARTMENTS WITH STUNNING VIEWS.

Unit 3c, South Quay Plaza,  
185 Marsh Wall, Canary Wharf,  
London, E14 9SH

*Felicity J. Lord*

**SOLD**  
Another Wanted



#### VIRGINIA QUAY, E14 £399,950

Unable to find a buyer? Felicity J Lord successfully sold this property within 10 days of marketing. We have several buyers waiting for similar apartments in Virginia Quay.

CANARY WHARF 0207 987 6776  
Ref: FJL026904168 | EPC - TBC



#### ADRIATIC APARTMENTS, E16 £649,995

Spread over the top two floors is this spacious south facing penthouse apartment. With far reaching views over the Royal Victoria Dock, this two double bedroom apartment also comes with a south facing terrace and secure parking.

CANARY WHARF  
0207 987 6776  
Ref: FJL026904252  
EPB - TBC



#### PEPPER STREET, E14 £599,995

This beautifully decorated apartment comes with a fabulous private terrace with far reaching views over the dock and towards the Canary Wharf skyline. With two large double bedroom, this spacious apartment measures approximately 1000sqft in size. Further benefitting from a secure undercover car parking space and 24 hour security.

CANARY WHARF 0207 987 6776  
Ref: FJL026904259 | EPC - TBC



#### NEW ATLAS WHARF, E14 £449,950

Positioned on the 3rd floor of this popular river side development is this well proportioned two double apartment with direct views across The River Thames. This contemporary styled property is within walking distance to Canary Wharf.

CANARY WHARF 0207 987 6776  
Ref: FJL026904139 | EPC - TBC

#### ADVENTURERS COURT, E14

£389,995

Sold by Felicity J Lord in 48 hours. This property was unsuccessfully marketed through one of our competitors for 3 months. Call us to find out about our pro-active approach to marketing.

CANARY WHARF  
020 7987 6776  
Ref: FJL026904120  
EPC - TBC



#### PIERHEAD LOCK, E14 £549,995

A rare chance to acquire a unique apartment spread over two floors in this award winning development. This beautifully presented apartment comes with 3 double bedrooms, two bathrooms and a spacious living room with a double height ceiling. A well appointed kitchen comes with fully integrated appliances and a south facing walled garden provides a great space for summer entertaining.

CANARY WHARF 0207 987 6776  
Ref: FJL026904155 | EPC - TBC



#### INDESCON SQUARE, E14 £599,995

This rare apartment comes with a spacious living room and three large double bedrooms. With a bright westerly aspect, this well presented sixth floor apartment also includes a secure car parking space. Indecon Square is within a few minutes walk to Canary Wharf and South Quay DLR.

CANARY WHARF 0207 987 6776  
Ref: FJL026904157 | EPC - TBC

#### FREE VALUATIONS 020 7987 6776

#### CANARY CENTRAL, E14

£289,995 – SOLD

We are achieving record prices for property in Canary Central. If you have a property to sell then call us for a 'no obligation' free valuation.

CANARY WHARF 0207 987 6776  
Ref: FJL026904203 | EPC - TBC

#### New Atlas Wharf, E14

£745,000 – SOLD

Do you have a property to sell in New Atlas Wharf? We have buyers waiting for apartments within the development. Call now to discuss our exclusive fees.

CANARY WHARF 020 7987 6776  
Ref: FJL026904113 | EPC - TBC

## WE NEED YOUR PROPERTY!

After a successful summer selling property we are now in need of 1 and 2 bedroom apartments in E14.

We have financially qualified buyers ready and waiting so call now for a free valuation.



WE KNOW WHY PEOPLE LOVE LIVING IN LONDON'S VILLAGES  
LIVELY COMMUNITIES, PRETTY PARKS, GOOD PUBS AND RESTAURANTS,  
CHARACTERS ALL OF THEIR OWN. WE LOVE LONDON'S VILLAGES AND  
WE KNOW WHY BUYERS DO TOO.

fjlord.co.uk

*Felicity J. Lord*



**VICTORIA GATE GARDENS, SE10**  
**£975,000**

Victoria Gate Gardens is an exclusive, brand new gated development in The Ashburnham Triangle, comprising two luxury detached houses featuring three large double bedrooms and secure, off street parking

GREENWICH  
020 8293 8555  
Ref: FJL027103773  
EPC B



**MAIDENSTONE HILL, SE10 GP £1.1M**

An immaculately presented, spacious four storey period terrace, located in the heart of West Greenwich, offering a wealth of period features and generously proportioned accommodation.

GREENWICH 020 8293 8555  
Ref: FJL027104026 | EPC C



**CATHERINE GROVE, SE10**

**£425K**

A beautifully presented two bedroom split level apartment, featuring the most amazing private 60ft rear garden, off street parking in an enviable location in West Greenwich.

GREENWICH 020 8293 8555

Ref: FJL027104015 | EPC C



**VANILLA & SESAME COURT SE1**  
**£795,000**

A bright and spacious two bedroom two bathroom apartment found on the fourth floor of this popular Shad Thames development. Internally the property offers fantastic living accommodation throughout and includes a secure parking space.

SHAD THAMES 020 7089 6490  
Ref: FJL027604510 | EPC C



**RIVERVIEW HEIGHTS SE16**  
**£749,950**

A spacious two bedroom two bathroom apartment which extends to over 950 sq ft located within this riverside development close to Butlers Wharf. The property also offers private balcony, concierge and secure parking.

SHAD THAMES  
020 7089 6490  
Ref: FJL027603904 | EPC C



**HOBBS COURT SE1**  
**599,950**

A well presented two bedroom apartment found within this modern development on Mill Street. Features include sash windows, upgraded kitchen and bathroom, communal garden, porter and underground parking.

SHAD THAMES 020 7089 6490  
Ref: FJL027604449 | EPC C

**ELEANOR CLOSE, SE16**  
**£900,000 - £975,000**

A beautifully presented four bedroom mid terrace house set over three storeys making the perfect family home within a gated development and within walking distance to Canada Water Station. The entire house was renovated in the summer of 2011 which included triple insulation

SURREY QUAYS  
020 7237 2320  
Ref: FJL113200933  
EPC C



**NEW ARCHERS COURT, SE16**  
**£600,000 - £650,000**

A two bedroom apartment forming part of this unique development set along the cobbled streets of Rotherhithe Village, benefitting from exposed brickwork, excellent internal finish and being within walking distance to fantastic transport links.

SURREY QUAYS 020 7237 2320  
Ref: FJL113200497 | EPC E



**ANN MOSS WAY, SE16**  
**£650,000 - £700,000**

A four bedroom mid terrace house located in the very popular and quiet location of Ann Moss Way. The conventional layout of the house makes a perfect family house benefitting from large rear garden and private parking space/drive.

SURREY QUAYS 020 7237 2320  
Ref: FJL113200896 | EPC C



020 7112 4972  
info@metro-village.com  
www.metro-village.com



# CALLING ALL APPLICANTS

As a special treat Metro Village will be waiving admin fees for November



# NO TRICKS JUST TREATS

www.metro-village.com



# royaldocks

property services



**SOLD MORE NEEDED**  
**Constable Avenue E16 £400,000, Leasehold**  
 • 3 Bedroom Townhouse • Garage & Parking  
 Tel: 020 7474 1234 sales@royaldocks.com



**Sunderland Point E16 £265,000 Leasehold**  
 • Riverside 2 bed 2 bath • NO CHAIN, DIRECT RIVER VIEW  
 Tel: 020 7474 1234 sales@royaldocks.com



**Barrier Point Road, E16 £369,995 Leasehold**  
 • 2 Bed, 2 Bath • Much Improved by owner  
 • 999 year Lease, Parking & Gym  
 Tel: 020 7474 1234 sales@royaldocks.com



**SOLD MORE NEEDED**  
**Seymour House E16 £290,000 Leasehold**  
 • 2 Bed 1 Bath Waterfront flat • Parking  
 Tel: 020 7474 1234 sales@royaldocks.com



**SOLD MORE NEEDED**  
**Western Beach E16 £359,995 Leasehold**  
 • 2 Bed, 2 Bath, Parking • Balcony, Dock views  
 Tel: 020 7474 1234 sales@royaldocks.com



**SOLD MORE NEEDED**  
**High Meads Beckton £350,000 Freehold**  
 • 3 Bed Detached • Garage & Gardens  
 Tel: 020 7474 1234 sales@royaldocks.com



**E16 LETTINGS**  
**Capital East £330 per week**  
 • Large modern 1 bedroom apartment • Views across the dock and City  
 • Secure allocated parking • Gym & Concierge included  
 Tel: 020 7474 1234 lettings@royaldocks.com



**E16 LETTINGS**  
**Barrier Point £300 per week**  
 • Large 1 bedroom riverside apartment • Views across the Thames  
 • Secure allocated parking • Gym & Concierge included  
 Tel: 020 7474 1234 lettings@royaldocks.com



**E16 LETTINGS**  
**Drake Hall £280 per week**  
 • Two bedrooms one bathroom • Close to West Silvertown DLR  
 • Secure allocated parking • Available from 10th November  
 Tel: 020 7474 1234 lettings@royaldocks.com



**E16 LETTINGS**  
**Western Beach £330 per week**  
 • Two bedrooms two bathrooms • Close to West Silvertown DLR  
 • Secure allocated parking • Available 1st December  
 Tel: 020 7474 1234 lettings@royaldocks.com



**E16 LETTINGS**  
**Barrier Point £365 per week**  
 • Two bedrooms two bathrooms • Close to Pontoon Dock DLR  
 • Secure allocated parking + visitor parking • Large private terrace  
 Tel: 020 7474 1234 lettings@royaldocks.com



**E16 LETTINGS**  
**Keats Avenue £395 per week**  
 • Three bedrooms two bathrooms • Close to West Silvertown DLR  
 • Garden, garage & private drive • Available 20th January  
 Tel: 020 7474 1234 lettings@royaldocks.com



# royaldocks

property services



**Canary Central E14 £419,995, Leasehold**

- 2 Bedroom apartment
- Short walk into Canary Wharf
- Gym & Swimming pool
- Secure parking space

Tel: 020 7515 1575 E14sales@royaldocks.com



**Lyndhurst Lodge E14 £275,000 Leasehold**

- 2 bedroom apartment
- Top floor
- Secure parking
- Canary Wharf views

Tel: 020 7515 1575 E14sales@royaldocks.com



**Omega Works E3 £339,995, Leasehold**

- 2 bed, 2 bath apartment
- Extra height ceilings
- Over 1000sqft
- Balcony

Tel: 020 7515 1575 E14sales@royaldocks.com



**Fawe Street E14 £280,000 Leasehold**

- Stunning 1 Bed apartment
- Close to DLR station
- Top floor with terrace
- High standard of finish throughout

Tel: 020 7515 1575 E14sales@royaldocks.com



## SOLD MORE NEEDED

**Baltimore Wharf E14 £635,000 Leasehold**

- 2 bed, 2 bath apartment
- Gym & Swimming pool

Tel: 020 7515 1575 E14sales@royaldocks.com



## SOLD MORE NEEDED

**Pan Peninsula E14 £385,000 Leasehold**

- 1 bedroom apartment
- Gym & swimming pool

Tel: 020 7515 1575 E14sales@royaldocks.com



**Westferry Road E14 £270pw**

- Two double bedroom apartment
- Secure parking space
- Ideal for sharers
- Walking distance to DIR

020 7515 1575 E14lettings@royaldocks.com



**Virginia Quay E14 £315pw**

- Spacious one bedroom apartment
- Secure parking
- Balcony
- Very close to the DLR

Tel: 020 7515 1575 E14lettings@royaldocks.com



**41 Millharbour E14 £325pw**

- Luxury one bedroom apartment
- 13th floor
- Dock views
- On-site 24hr concierge

Tel: 020 7515 1575 E14lettings@royaldocks.com



**Seacon Tower E14 £420pw**

- Two double bedroom apartment
- On-site gym and concierge
- Large patio area
- Walking distance to CW

Tel: 020 7515 1575 E14lettings@royaldocks.com



**Denison House E14 £495pw**

- Spacious two bed apartment
- Double bedrooms, Ideal for sharers
- Large reception area
- Short walk into CW

Tel: 020 7515 1575 E14lettings@royaldocks.com



**Discovery Dock, E14 £550 pw**

- Luxury two bedroom apartment
- On-site gym and swimming pool
- Balcony with dock views
- Short walk into Canary Wharf

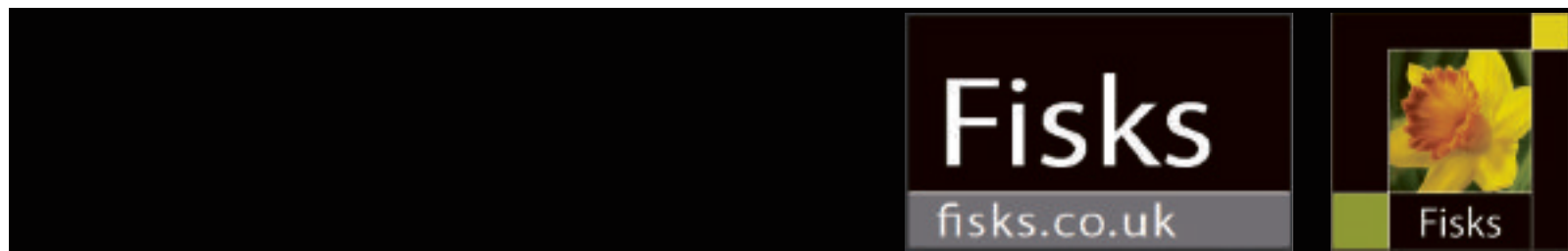
Tel: 020 7515 1575 E14lettings@royaldocks.com



www.royaldocks.com







## DOCKLANDS

## Observatory Mews, E14

£359 p/w



Furnished two bedroom two bathroom top floor apartment. Accommodation is presented in excellent condition; both bathrooms have been recently refurbished. A separate kitchen with an integrated dishwasher and washer dryer. The living room and master bedroom both benefit from French doors and Juliet Balcony's. Allocated parking bay. Conveniently located a short walk from Island Gardens DLR. (Energy efficiency rating C)

Docklands 0207 517 8810

## Capital Wharf, E1

£550 p/w



Views of Tower Bridge and The City. Internal accommodation measures approximately 78 msq (850 square feet) includes a bathroom with separate shower cubicle and a separate guest cloakroom. Located moments from St Katherine Docks. Secure parking bay and a 24 hour Concierge Service. Canary Wharf is accessible in approximately 20 minutes. (Energy efficiency rating C)

Docklands 0207 517 8810

## Nova Building, E14

£415 p/w



Furnished Duplex apartment approx 1300 sq ft Direct River views Two bedroom, two bathroom with a guest cloakroom. Secure underground parking, gym and concierge. EPC Rating D.

Docklands 0207 517 8810

## BENFLEET

## Clifton Avenue, SS7

£219,995



Two Bedrooms. Refurbished To A High Standard. Semi Detached Bungalow. New Kitchen Fitted July 2013. Good Size Secluded South Backing Rear Garden. New Bathroom Fitted August 2013. South Benfleet Location. Must Be Viewed. Potential To Extend To the Rear & Side, Subject To Planning Permission. Stunning Condition. Energy Band D.

Benfleet 01268 565555

## St Marys Close, SS7

£255,000



Three Bedroom Georgian Style Town House. Spacious Entrance Hall. Kitchen/Breakfast Room. Lounge/Diner. Ground Floor WC. Family Shower Room. West Backing Rear Garden. Integral Garage. Benfleet Station (0.2 Miles). Energy Band D.

Benfleet 01268 565555

## Fairview Close, SS7

£197,000



Two Bedrooms. Semi Detached. Good Sized Lounge. Kitchen/Diner. Separate Dining Room. Ground Floor Shower Room. First Floor Bathroom. Double Glazed and Gas Central Heating. Detached Garage. Off Street Parking. West facing Rear Garden. Viewing A Must. Energy Band E.

Benfleet 01268 565555

## CANVEY ISLAND

## Work in Canary Wharf?

Why not commute from  
Canvey or Benfleet in Essex  
and be there in under an  
hour\*!

\*Route time based on 7:39 C2C train from Benfleet Station

## Bramble Road, SS8

£210,000



Detached Bungalow. Two Double Bedrooms. Bright & Spacious. Garage. Off Street Parking. Great Garden. Energy Band - Awaiting.

Canvey Island 01268 510510

## Norton Avenue, SS8

£179,995



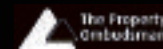
Detached Bungalow. Two Bedrooms. Modern Decor Throughout. Single Garage. Great Quiet Location. Off Street Parking. NO ONWARD CHAIN. Energy Band - Awaiting.

Canvey Island 01268 510510

Benfleet Office:  
01268 565555  
benfleet@fisks.co.uk

Canvey Office:  
01268 510510  
canvey@fisks.co.uk

Docklands Office:  
0207 517 8810  
docklands@fisks.co.uk



# wj. meade

Established 1953

sales

lettings

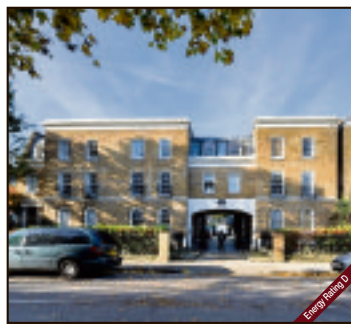
valuations

## DOCKLANDS &amp; SURROUNDS

020 8981 3331

**Bethnal Green E2**

W.J.Meade are delighted to offer for sale this three double bedroom first floor flat within a well maintained council block. Set on a tree-lined street right next to the gates to Victoria Park and the Regents Canal. Presented in good decorative order, this is an ideal first purchase or buy-to-let investment

**£369,995 L/H****Bow E3**

W.J.Meade are pleased to offer this lower ground floor two bedroom apartment within a purpose built period style building. This private development has security gates, intercom, parking and is situated within the Tredgar Square Conservation Area. The property has a modern bathroom suite, fitted kitchen and a west facing patio garden. Chain free.

**£395,000 L/H****Mile End E3**

W.J.Meade are delighted to offer for sale this Victorian terraced house. The many features include through living room with two marble feature fire places, original floor boards, kitchen/breakfast room, three double bedrooms, first floor bathroom and south facing patio. Walking distance to Mile End underground station and easy access to Victoria Park. This property is in need of some finishing touches

**£725,000 F/H****Bow E3**

A ground floor two bedroom apartment within this period style end of terrace house situated within the Tredgar Square Conservation Area. The property has two bedrooms, bathroom, fitted kitchen with open plan living room, solid oak flooring and own garden, brand new conservatory, modern decor throughout and more importantly under a minute walk to Mile end station! Available to let from mid November.

**£375 pw****Poplar E14**

W.J.Meade are delighted to offer for sale this modern three storey town house with integral garage and south west facing rear garden. The many outstanding features include fitted kitchen/breakfast room, three bedrooms, reception room, bathroom, en-suite shower room, utility room, gas central heating. Situated opposite Bartlett Park and close to Docklands Light Railway station.

**£500,000 F/H****Bow E3**

W.J.Meade are pleased to offer this two bedroom apartment on the second floor of a modern block. Arranged over 550 sq ft, with open plan kitchen to reception and fitted bathroom. Situated close to Devons Road and Bow Church DLR stations. Chain free.

**£209,950 L/H****Bow E3**

W.J.Meade are pleased to offer this first floor two bedroom apartment in a modern block. Open plan kitchen to reception, fitted bathroom and gas central heating (untested). Situated close to Devons Road and Bow Church DLR stations. Chain free.

**£199,950 L/H****Bow E3**

Superb Mews style house set within the Tredgar Square Conservation area, Property comprises two double bedrooms (master with walk in wardrobe) Modern three piece bathroom suite, Stylish kitchen, spacious reception room with wooden flooring leading on to private patio. Property comes unfurnished, Seconds away from Mile End tube station and all local amenities, Private parking available, Ideal for professional sharers, Available now for long let.

**£400 pw**

## STRATFORD &amp; ROYAL DOCKS

020 8221 8161

**Stratford E15**

A charming two double bedroom Victorian terrace house on the doorstep of the Olympic legacy and the Westfield development, along with the plethora of services and amenities Central Stratford can offer. Located in this quiet sought after turning in the ever popular "Stratford Village" the property comprises of one reception, kitchen/diner and two double bedrooms. Ideal buy-to-let investment or first time purchase.

**£280,000 F/H****Stratford E15**

Two bedroom first floor purpose built flat located close to Stratford Station and all amenities including the popular Westfield development. This property requires a full refurbishment cash buyers only need apply.

**£174,950 L/H****Stratford E15**

Offering for sale this three bedroom town house style property arranged over three floors, situated on a quiet residential road off the Portway. The property benefits from a garage and off street parking, this family home is only a short walk away from West Ham Park and local amenities.

**£350,000 F/H****Stratford E15**

Two Double Bedrooms  
Refurbished  
High spec kitchen & bathroom  
Moments away from Maryland & Stratford Station  
Available immediately  
**£1,300 pcm**

[www.wjmeade.co.uk](http://www.wjmeade.co.uk)



Sales, Rentals, Property Management &amp; Acquisitions

**020 7474 3636**

mail@spencer-james.co.uk

SJ

SPENCER JAMES  
RESIDENTIAL**LETTING WITH AN  
UNLICENSED AGENT CAN  
BE A DANGEROUS GAME...**

Make sure that your agent is licensed with the following...

**Galleons Lock, E16**

- Available Beginning Of November
- Two Bedroom & Two Bathroom Apartment
- Private Balcony With Views Over The Lock
- Off Road Parking
- Close To Local Amenities

**£250 PW Fully Furnished****Galleons Lock, E16**

- Available Mid December
- One Bedroom Two Bedroom & Two Bathroom Apartment
- Private Balcony With Direct River Views
- Lift Access
- Secure Underground Parking

**£280 PW Fully Furnished****Galleons Lock, E16**

- Available Beginning Of November
- Two Bedroom & Two Bathroom Apartment
- Third Floor With Two Private Balconies With River & City Views
- Secure Underground Parking
- Close To Local Amenities

**£300 PW Fully Furnished****Galleons Lock, E16**

- Available Beginning Of November
- Two Bedroom & Two Bathroom Apartment
- Third Floor With Two Private Balconies With River & City Views
- Secure Underground Parking
- Close To Local Amenities

**£375 PW Fully Furnished****Galleons Lock, E16**

- Available End Of November
- Two Bedroom Apartment
- Popular Development
- On-site Security & Porter Service
- Close To Local Amenities

**£250 PW Fully Furnished****Galleons Lock, E16**

- Available Now
- One Bedroom Unique Apartment
- Ground Floor With Large Garden
- Air Conditioning
- Modern Fitted Kitchen

**£230 PW Fully Furnished****Woolwich Road, SE10**

- Available Early November
- One Bedroom Top Floor Apartment
- Double Length Private Balcony
- High Spec Kitchen
- Under-floor Heating Throughout

**£265 PW Fully Furnished****Barking, IG11**

- Available Beginning Of December
- Two Bedroom & Two Bathroom Apartment
- Large Balcony
- Heating & Hot Water Included
- Close To Barking Town Centre

**£265 PW Fully Furnished****Galleons Lock, E16**

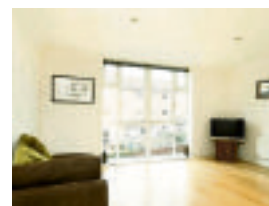
- Available Now
- Four Bedroom House With Private Garden
- Separate Kitchen, Three Bathrooms & Cloak Room
- Off Street Parking
- Close To Local Amenities

**£480 PW Fully Furnished****Beckton, E6**

- Available Beginning Of November
- One Bedroom First Floor Flat
- Semi Open Plan Kitchen
- Central Heating
- Close To Local Amenities

**£195 PW Fully Furnished****Royal Quay, E16**

- Available Beginning Of November
- Two Bedroom Sixth Floor Apartment
- Large Balcony With Views Of The Marina
- Air Conditioning & Under-floor Heating
- Secure Underground Parking

**£370 PW Fully Furnished****Galleons Lock, E16**

- Available Beginning Of November
- Three Bedroom & Two Bathroom Apartment
- Spread Over Two Floors
- Large Reception Room
- Modern Fitted Kitchen

**£325 PW Fully Furnished****PUBLIC NOTICE**

Spencer James are now in receipt of an offer for the sum of **£173,000** for **Flat 7 The Renovation, 4**

**Woolwich Manor Way, E16 2GE.**

Anyone wishing to place an offer on the property should contact Spencer James of 8 Hartlepool Court, Galleons Lock, E16 2RL on 0207 474 3636 prior to exchange of contracts.

**PUBLIC NOTICE**

**Flat 8 Harrison Bell House, Canning Town, London, E16 4QL.** We are acting in the sale of the above property and have received an offer of **£165,500** on the above property. Any interested parties must submit any higher offers in writing to the selling agent before exchange of contracts takes place. Energy efficiency rating C.

**Canning Town, E16**

- No Onward Chain
- One Bedroom Fourth Floor Apartment
- Private Balcony Overlooking Canary Wharf
- Close To Local Amenities
- Energy Efficiency Rating C

**£162,950 Leasehold****Pontoon Docks, E16**

- Two Bedroom & Two Bathroom Apartment
- Large Lounge & Separate Fully Fitted Kitchen
- Secure Gated Development
- Walk In Wardrobe
- Energy Efficiency Rating C

**£260,000 Leasehold****THIS WEEK'S LETTING  
HOTSPOTS**

This week we have registered applicants looking to rent in:

**Galleons Lock  
Tradewinds Court  
Capital East  
Britannia Village**

**If you have a property to let in any of the above please call us.**

**www.spencer-james.co.uk**

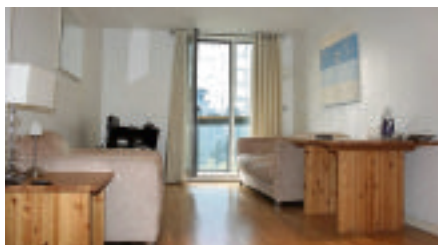
# ASHLEY KING

## ESTATE & LETTING AGENTS



**Turner House, Canary Central E14 £430 per week**

- Two bedrooms
- Two bathrooms
- Private Balcony
- Parking Space
- 4th Floor
- Leisure Facilities



**City Tower E14 £380 per week**

- Two Beds
- Two Baths
- Spacious
- Furnished
- Available Mid Nov
- Ideal location



**City Tower E14 £335 per week**

- One Bedroom
- One Bathroom
- 4th Floor
- Ideal location
- Fully Furnished
- Available 15 Nov



**Boardwalk Place E14 £445 per week**

- Two bedrooms
- Two bathrooms
- Balcony
- Parking Space
- Walk to Canary Wharf
- Available 1st nov

**URGENTLY SIMILAR PROPERTIES REQUIRED, PLEASE CALL ASHLEY KING ON 020 7190 3300 FOR A FREE NON OBLIGATION MARKET APPRAISAL PROPERTY**



**New Providence Wharf E14 £349 per week**

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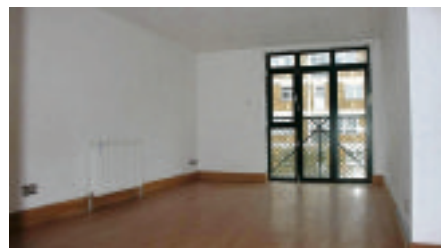
**Phoenix Court E1 £164,950**

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**Phoenix Court E1 £260,000**

**PUBLIC NOTICE** Ashley King are now in receipt of an offer for the sum of £310,000.00 for Flat 4 Phoenix Court, Buckhurst Street, London E1 5QY. Anyone wishing to place an offer on this property should contact Ashley King 5 Harbour Exchange Sq, Canary Wharf, E14 9GE - T: 020 7190 3300



**Phoenix Court E1 £210,000**

**PUBLIC NOTICE** Ashley King are now in receipt of an offer for the sum of £220,000.00 for Flat 5 Phoenix Court, Buckhurst Street, London E1 5QY. Anyone wishing to place an offer on this property should contact Ashley King 5 Harbour Exchange Sq, Canary Wharf, E14 9GE - T: 020 7190 3300



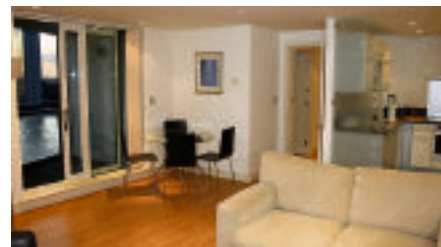
**Westferry Road E14 £219,888**

- One Bedroom Apartment
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lines open 8am - 12am





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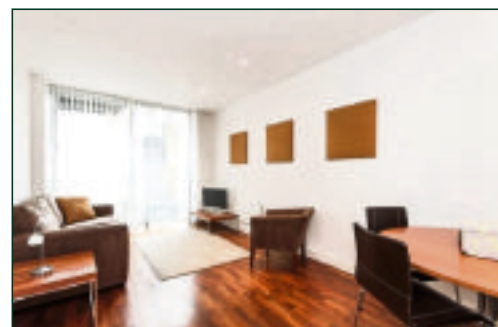
# Chase Evans



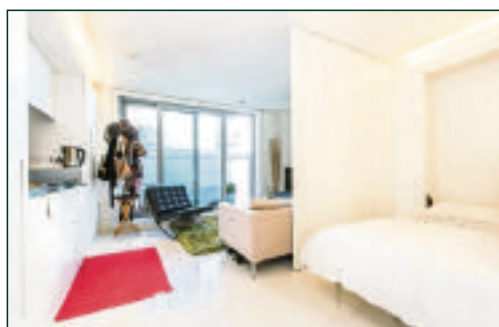
**St Davids Square, E14** **£1,200,000 L/H**  
1,535 sq ft sub penthouse in this popular, riverside development with 24 hr concierge, swimming pool and gym. Three double bedroom apartment with uninterrupted river Thames views towards Greenwich, the Cutty Sark and Maritime Museum. Extensively refurbished.  
Docklands 020 7510 8444



**West India Quay, E14** **£685,000 L/H**  
Two double bedroom apartment on the 30th floor of this prestigious, dockside development. Spacious reception room with floor-to-ceiling windows, open-plan kitchen, luxury shower and bath rooms, 24 hour concierge and excellent location opposite Canary Wharf.  
Canary Wharf 020 7515 1000



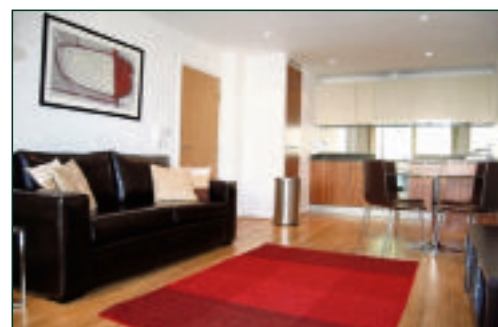
**Tempus Wharf, SE16** **£420,000 L/H**  
Luxury, one bedroom apartment on the 4th floor of this riverside development located just moments from Butlers Wharf and Tower Bridge. Floor to ceiling, south facing, windows, luxury fitted kitchen and bathroom, dark wood flooring and day-time concierge service.  
Docklands 020 7510 8444



**Pan Peninsula, E14** **£300,000 L/H**  
Studio suite on the 8th floor of this luxurious development offering fully integrated open-plan kitchen, marble shower room, balcony and comfort cooling. Residents benefit from fantastic leisure facilities, cinema room, 48th floor cocktail bar and 24 hour concierge service.  
Pan Peninsula 020 7536 7900



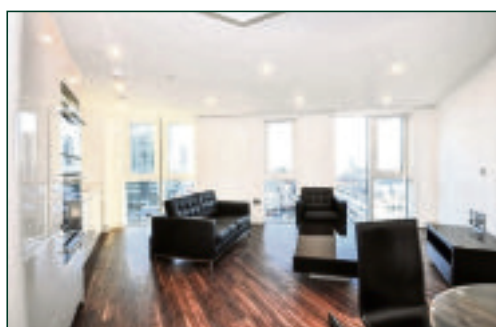
**Bow Central, E14** **£235,000 L/H**  
One bedroom, ground floor apartment situated within a secure, gated development close to Mile End and Bow Road tube stations and Bow Church DLR. The property offers good sized living accommodation, electric heating, contemporary kitchen and double glazing.  
Pan Peninsula 020 7536 7900



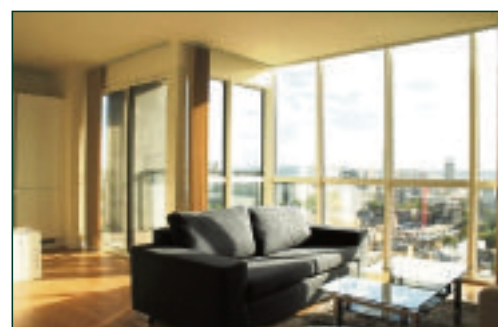
**Barking Central, IG11** **£135,000 L/H**  
A contemporary, one bedroom apartment situated on the 4th floor of this modern development with daytime concierge, ideally located in the heart of the newly renovated, Barking town centre and just moments from Barking tube and overground stations.  
Canary Wharf 020 7515 1000



**The Heron, EC2** **£495 pw**  
Brand new, 8th floor, designer furnished studio suite set within this fantastic development located in the heart of the City of London close to Barbican and Moorgate underground stations. 5 Star, 24 hour concierge service, spa, gymnasium and private roof top club.  
City 020 7488 2777



**Altitude, E1** **£475 pw**  
Brand new, one bedroom apartment set on the 9th floor of this iconic building on the edge of the City of London. Designer furnishing, fully integrated kitchen, Amtico flooring, comfort cooling and luxury bathroom. 24 Hour concierge service and landscaped roof terrace.  
Pan Peninsula 020 7536 7900



**Panoramic Tower, E14** **£410 pw**  
Two double bedroom, two bathroom apartment with balcony and striking City views set on the 18th floor of this luxury development ideally located close to Langdon Park and All Saints DLR stations. Daytime concierge service, rooftop terrace and residents' gymnasium.  
Canary Wharf 020 7515 1000

## Canary Wharf office

Horizon Building, 15 Hertsmere Road, London E14 4AW  
Tel: 020 7515 1000 | canarywharf@chaseevans.co.uk

## City of London Office

45 Aldgate High Street, London EC3N 1AL  
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## Docklands office

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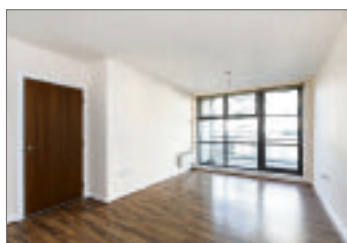
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## SALES

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**Forester House, Victory Place, E14**  
Two bed duplex, Large balcony, 998sqft / 93m2, Two baths, Concierge, South facing, Secure parking, Limehouse DLR.  
**£550,000**

**Fathom Court, Shadwell, E1**  
Two bed duplex, Terrace, 697sqft / 65m2, Double aspect reception, Fitted kitchen, Bike store, Shadwell DLR & Tube.  
**£375,000**

**Medland House, Limehouse Basin, E14**  
Two bedroom/ two bathroom flat, Secure block, 985sqft / 92m2, Basin views, Parking, Balcony, 24hr porter, Limehouse DLR.  
**£485,000**

**The Panoramic, Langdon Park, E14**  
Three bedrooms, Residents gym & lounge, Porter, 989sqft / 92m2, Fourteenth floor, South facing balcony, Langdon Park DLR.  
**£495,000**

**Basin Approach, Limehouse Basin, E14**  
Large one bedroom, Ninth floor, 649sqft / 59m2, West facing balcony, Panoramic views, 24hr porter, Secure parking, Limehouse DLR.  
**£445,000**

**Carmine Wharf, Westferry, E14**  
Two bedrooms, Secure parking, Gated development, Balcony, Chain free, 675sqft / 63m2, Fitted kitchen, Westferry DLR.  
**£335,000**

## LETTINGS

020 7791 7011

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**Forester House, Victory Place, E14**  
Two bed duplex, Large balcony, 998sqft / 93m2, Two baths, Concierge, South facing, Secure parking, Limehouse DLR, Available November.  
**£410.00 per week**

**Ionian Building, Narrow Street, E14**  
One bedroom, Refurbished to a very high standard, 24hr Porter, Parking, Quiet courtyard facing balcony, Limehouse DLR, Restaurants and cafes in the courtyard, Available November.  
**£360.00 per week**

**New Providence Wharf, Canary Wharf, E14**  
One Bedroom, Luxury living, River facing balcony, Pool and Gym, Resident's spa, 24/7 Concierge, Blackwall DLR & Canary Wharf tube station, Available December.  
**£385.00 per week**

**Avant Garde, Shoreditch, E1**  
Generous sized one bedroom, Brand new, Great location in the heart of Shoreditch, Panoramic views, 24hr porter, Residents Lounge with Wi-Fi, Gym, Communal gardens, Shoreditch High St over ground & Liverpool St tube station, Available November.  
**£420.00 per week**

**Cityscape, Brick Lane, E1**  
High specification two bedrooms, Boutique development, Brand new, Balcony, Great location near Spitalfields Market, Furnished or Unfurnished, Shoreditch High St over ground & Liverpool St tube station, Available November.  
**£575.00 per week**

**Dunbar Wharf, Narrow Street, E14**  
Two bedrooms, Duplex, Unfurnished, Generous space, Secure parking, Stunning river views, Terrace, Concierge, Refurbished bathrooms, Gym, Westferry DLR & Limehouse DLR, Available November.  
**£525.00 per week**